

★ NGCI MENU ★

NON-GLUTEN CONTAINING INGREDIENTS



The meals on this menu are made from ingredients which do not contain gluten or wheat. If you have an allergy or intolerance, please speak to a member of staff before you order your food and drinks.

Join the **LUNCH BUNCH** MONDAY - SATURDAY 12PM - 5PM

TWO COURSES £4.95

THREE COURSES £5.95

STARTERS
Soup of the Day ✓
Mexican Nachos for One ✓
Prawn Cocktail

MAINS
Choose any **Lite Bite** and make a meal of it!

DESSERTS
Vanilla Flavour Ice Cream ✓

SHARING'S CARING!

Enjoy one of our tasty dishes as a starter, snack or to share amongst friends.

ANY 3 DISHES FOR £8.95

Mexican Nachos ✓ £3.55
With melted Cheddar cheese, guacamole, salsa, soured cream and jalapeños.

Mediterranean Skewers ✓ £3.75
Mini skewers of green olives, dried herb tomatoes and mozzarella balls. Served on mixed leaves drizzled with extra virgin olive oil.

Prawn Half-Pinter £3.65
Prawns with tangy seafood sauce and lettuce. Served with multigrain bread and butter.

Fish and Chip Shop Bites ✓ £3.95
A taste of the chip shop in one bite!
Fish, peas and potatoes seasoned with salt and vinegar in a crispy cider vinegar batter.

Soup of the Day ✓ £2.55
Ask for today's flavour. Served with Genius™ bread and butter.

Lite Bites

4oz Gammon Steak £3.85
Topped with a fried egg or pineapple, with chips* and garden peas.

Pie of the Day £4.00
Served with chips*, garden peas and a jug of gravy.

Hunter's Chicken £4.40
Half a chicken breast with bacon, BBQ sauce and melted Cheddar cheese, with chips and a salad garnish.

Ham and Eggs £3.85
Slices of honey roast ham with fried eggs and chips*.

Chicken and Bacon Salad 600 £3.95
Slices of chicken and bacon on a bed of mixed leaves, chunks of chopped tomato, cucumber and red onion, drizzled with extra virgin olive oil.

Add a drink!

£1 For either a pint of **Foster's, Strongbow** or any draught ale, **Sol, 175ml glass of house wine, Gordon's gin and tonic** (25ml spirit and 160ml mixer), **J20, 14oz lemonade, Diet Pepsi, Pepsi** or **Fruit Shoot**.

£2 For either a pint of **Guinness, Stella 4.8%, Bulmers Original, Smirnoff Ice, WKD Blue**, or a **250ml glass of house wine**.

50p ADD A TEA OR COFFEE

THE SNACK SHACK

Whether it's a quick bite to eat or a laid-back lunch, we'll fill that gap at the Snack Shack!

TOASTIES

All served with chips* or French fries* and a salad garnish. Choose any **TWO** fillings for only **£3.80!**

Baked Beans ✓ **Mushrooms** ✓
Heinz™ Spaghetti Hoops ✓ **Jalapeños** ✓
Cheddar Cheese ✓ **Tomato** ✓
Onion ✓ **Tuna Mayonnaise**

Bacon **ADD AN EXTRA TOASTIE FILLING FOR 50p**
Sausage

SANDWICHES

Served on Genius™ bread with chips* or French fries*.

BLT £4.05
Cheddar Cheese and Red Onion ✓ £4.05
Chicken and Bacon Club £4.95

Jacket Spuds 600

Served with butter and a salad garnish.

Cheddar Cheese and Baked Beans ✓ £3.95
Tuna Mayonnaise £3.85
Cheddar Cheese and Honey Roast Ham £3.95

hey good chickin'!

Chick this out! Fantastic mouth-watering chicken dishes, sure to get your taste buds in a flutter!

UPGRADE YOUR CHIPS* OR FRENCH FRIES* TO SWEET POTATO FRIES* £1

Deep South 600 £6.95
Roasted chicken breast marinated in Cajun spices, with chips* and a side salad.
Served without the chips and with a larger salad.

PUB CLASSICS

For all of our dishes, we've suggested our favourite accompaniments, but if you'd prefer something else just ask.

UPGRADE YOUR CHIPS* OR FRENCH FRIES* TO SWEET POTATO FRIES* £1

Hunter's Chicken £7.10
Roasted chicken breast topped with bacon, BBQ sauce and melted Cheddar cheese, with chips* and a side salad.

All Day Breakfast £4.10
Two pork sausages, a rasher of bacon, two fried eggs, half a grilled tomato, baked beans and chips*.

Mega All Day Breakfast M £6.10
Four pork sausages, two rashers of bacon, two fried eggs, half a grilled tomato, baked beans and chips*.

Chicken and Bacon Salad 600 £6.35
Strips of chicken and bacon on a bed of mixed leaves, chunks of tomato, cucumber and red onion, drizzled with extra virgin olive oil.

Mediterranean Salad ✓ 600 £6.35
Mini skewers of green olives, dried herb tomatoes and mozzarella balls on a bed of mixed leaves, chunks of tomato, cucumber and red onion, drizzled with extra virgin olive oil.

Add slices of chicken breast for £1

Mac 'n' Cheese ✓ £7.25
Macaroni pasta cooked in a rich and creamy Cheddar cheese sauce. Served with a large salad.
Add bacon for 50p or chicken breast for £1

✓ We cannot guarantee that our vegetarian ingredients have been cooked in dedicated fryers. Please ask a member of staff for more information.



A trip for your tastebuds...
without the baggage!

Take a trip through the famous spice regions of the globe or stay a bit closer to home with our inspired dishes.

Served with rice, mango chutney and a poppadum.

PERSIA Charred Chicken Pathia 🍴 £6.45

A charred chicken breast marinated in North Indian spices in a hot sweet and sour Kashmiri spiced curry sauce with coriander, black kalonji seeds and whole cherry tomatoes.

GLASGOW Chicken Tikka Masala 🍴 £6.25

Spiced tomato and onion flavoured sauce with coriander.

Go extra hot for £6.75 🍴🍴🍴

SOUTH INDIA Beef Madras 🍴🍴🍴 £6.25

A fiery tomato-based sauce, flavoured with coconut and aromatic spices.

PAKISTAN Chicken Balti 🍴 £6.25

A medium spiced onion and tomato curry sauce, flavoured with fenugreek leaves and coriander.

NEPAL Vegetable Jalfrezi 🍴 £6.25

Roasted potatoes, red onion and red and green peppers in a Jalfrezi sauce.



CHARRED CHICKEN PATHIA



Blackened Cajun Spice Fries* 🍴🍴 £2.20

Piri Piri Spice Fries* 🍴🍴 £2.20

Chilli Cheese Fries* 🍴 £3.50

French fries topped with beef chilli and melted Cheddar cheese.

Triple Cheese Fries* 🍴 £3.00

French fries topped with melted Cheddar cheese, Monterey Jack and Stilton cheeses.

Hickory Mac Fries* 🍴 £3.50

French fries topped with mac 'n' cheese and hickory BBQ pulled pork.

Toffee Fries* 🍴 £3.75

Sweet potato fries topped with toffee fudge sauce then dusted with cinnamon and icing sugar.



LICENCE TO GRILL

★★★★★

You might just MEAT your match!
All served with chips* or French fries*.

UPGRADE YOUR CHIPS* TO SWEET POTATO FRIES* £1
★ OR FRENCH FRIES ★

Mega Mixed Grill 🍴 £12.95

A chicken breast, 8oz rump steak, 8oz gammon steak, pork sausage, fried eggs and a grilled beef tomato wedge.

Mixed Grill 🍴 £9.15

Half a chicken breast, 4oz rump steak, 4oz gammon steak, pork sausage, fried eggs and a grilled beef tomato wedge.

Gammon Steak 🍴 £6.60

An 8oz gammon steak topped with a fried egg or pineapple, with garden peas.

Double Trouble Gammon Steaks 🍴 £8.30

Two 8oz gammon steaks topped with a fried egg and pineapple, with garden peas.

Fancy a bit on the side?

Homemade Spiced-Slaw 🍴 £1.00

Salad Bowl 🍴 £1.65

Genius™ Bread and Butter 🍴 90p

Cheesy Chips* 🍴
For One: £2.50 / To Share: £4.00

Chips or Fries* 🍴
For One: £2.00 / To Share: £3.50

Sweet Potato Fries* 🍴
For One: £3.00 / To Share: £5.50



A SWEET Ending



FEELING FULL? FOR JUST £1.45
Try a mini dessert

Blackcurrant and Apple Crumble Cheesecake 🍴
Crunchy biscuit base topped with Bramley apples and a creamy cheesecake swirled with blackcurrant coulis. Sprinkled with butter cinnamon crumble and served with vanilla flavour ice cream.

MILK CAKE
£3.35

Have your cake and drink it!

Whole milk and vanilla flavour ice cream blended together with cake, topped with whipped cream and another piece of cake for good measure!

Apple and Blackcurrant Crumble Cake with Lemon Curd 🍴



Ambrosia Sundae 🍴 £3.35

Frozen Ambrosia™ Custard, strawberry sauce, cream and chocolate flake.

Chocolate Indulgence 🍴 £3.35

Chocolate and vanilla flavour ice creams with cream, chocolate sauce and chocolate flakes.

EXTRA 30P TOPPINGS
CHOCOLATE FLAKE
MINI MARSHMALLOWS

* Ask if we have a dedicated NGCI fryer

As we use other foods containing gluten in our kitchen, we cannot declare that any of our dishes are gluten or wheat free. All food is prepared in kitchens where nuts, gluten and other allergens could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available.

🍴 Suitable for vegetarians. 🍴 We cannot guarantee that our vegetarian ingredients have been cooked in dedicated fryers. Please ask a member of staff for more information. Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces that may be added by the customer. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. Dishes with chicken may contain bones. 1oz = 28.3g. All weights are approximate prior to cooking. Ambrosia is a registered trademark of Premier foods. Photography is for illustrative purposes only. Offers cannot be used in conjunction with any other promotion.

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