

Non-Gluten Containing Ingredients Menu

The meals on this menu are made with ingredients that do not contain gluten or wheat.**
 If you have an allergy or intolerance, please speak to a member of staff before you order your food and drinks.^
 Full allergen information is available at the bar or visit allergyadvice.marstons.co.uk.
 ± Ask if we have a dedicated NGCI fryer.

Starters

Soup of the Day V

With Genius™ bread and butter.
 Ask for today's choice.

£4.25

King Prawn Cup

On crisp mixed leaves with seafood sauce and Genius™ bread and butter.

£4.45

Grazers

3 FOR £10.75

Smothered Potato Wedges±

Butler's Secret Cheddar, sour cream, guacamole and tomato salsa V*

OR Tomato salsa and guacamole V*

£4.15

Hickory BBQ Pulled Pork Nachos 🍌

Tortilla chips topped with slow-cooked pulled pork marinated in a hickory BBQ sauce, melted Butler's Secret Cheddar and jalapeños.

£4.25

BBQ Pulled Jackfruit Nachos V

Tortilla chips topped with pulled jackfruit and black beans in a smoked BBQ sauce, with melted Butler's Secret Cheddar. Unsure if it's for you? Ask one of our team to tell you about jackfruit!

£4.25

V without Cheddar.

WHY NOT... UPGRADE YOUR CHIPS± V* TO SWEET POTATO FRIES± V* FOR £1

Mains

We've suggested our favourite accompaniments, but if you would prefer something else, just ask.

Cajun Chicken

A grilled chicken breast marinated in Cajun spices, with chips± and a dressed side salad.

 When served without the chips and with a large salad instead.

£8.95

10oz Gammon Steak

With chips±, garden peas, a free range fried egg and a pineapple ring.

Light Bite also available. £5.25

£9.95

Hand-Carved Wiltshire Ham

With two free range fried eggs and chips±.

£8.25

10oz Rump Steak

Served with chips±, garden peas and a half a grilled tomato.

 When served only with a large salad and half a grilled tomato.

£10.95

Chicken Tikka Masala 🍌

Chunks of chicken in a mildly spiced tomato and onion sauce, flavoured with coriander. Served with long grain rice, poppadums and mango chutney.

Add Poppadums and Dips V for £1

£9.45

8oz Sirloin Steak

Served with chips±, garden peas and half a grilled tomato.

 When served only with a large salad and half a grilled tomato.

£11.25

Roasted Vegetable Jalfrezi V 🍌🍌

Roasted onions and potatoes with red and green peppers in a Jalfrezi sauce. Served with long grain rice, poppadums and mango chutney.

Add Prawns to your curry for £2 | Add Poppadums and Dips V for £1

£9.75

Mixed Grill

Half a chicken breast, 5oz rump and gammon steaks, a pork sausage, and two free range fried eggs. Served with chips±, garden peas and half a grilled tomato.

£13.95

Hunter's Chicken

Grilled chicken breast topped with crispy bacon, smoked BBQ sauce and melted Butler's Secret Cheddar. Served with chips± and a dressed side salad.

Light Bite also available. £5.65

£8.65

10oz 28 Day Aged Rib Eye Steak

Served with chips±, garden peas and half a grilled tomato.

£13.75

Halloumi & Roasted Squash Stack V

Layers of grilled halloumi and roasted butternut squash, topped with caramelised red onion chutney and rocket. Served with chips± and a dressed side salad.

£8.75

WHY NOT ADD?

Peppercorn Sauce £1.60

Sautéed Mushrooms V £2.05

Two Free Range Fried Eggs V £1.00

Salads £9.25

We start with mixed leaves, cherry tomatoes, red onion, cucumber and a drizzle of red wine vinegar dressing and add some lime and coriander rice.

Simply select a Main Topper, then sit back and enjoy!

Grilled Chicken Breast

Rump Steak (+ 50p extra)

Prawns

Grilled Halloumi V

Roasted Butternut Squash and Grilled Red Pepper V

WHY NOT ADD?

Crispy Bacon	50p
Grilled Chicken Breast	£1.50
Grilled Halloumi V	£1.50

Sandwiches

Served on Genius™ bread, with a mug of chips± V* or a dressed salad V

Steak & Onion

Pan-fried strips of rump steak with caramelised red onion chutney, topped with horseradish mayonnaise.

£6.45

Chicken Salad

Sliced roast chicken with mayonnaise, mixed leaves, sliced cucumber and tomato.

£5.25

Cheese & Chutney V*

Butler's Secret Cheddar and caramelised red onion chutney.

£5.45

WHY NOT... UPGRADE YOUR CHIPS± V* TO SWEET POTATO FRIES± V* FOR £1

Sides

Sweet Potato Fries± V*	£2.95	Dressed House Salad V	£1.95
Chips± V*	£2.50	Sautéed Mushrooms V	£2.05
Genius™ Bread & Butter V	£1.00	Homemade Coleslaw V	£1.50
		Seasonal Vegetables V	£1.95

Puddings

Chocolate Fudge Cake V

Layers of rich chocolate sponge with sticky chocolate fudge icing, served warm or cold with pouring cream.

£4.25

Sticky Toffee Pudding V

Rich toffee and date pudding, smothered in toffee sauce. Served warm with Beechdean™ vanilla pod ice cream.

£4.45

New York-Style Cheesecake V

Topped with strawberry sauce and mixed berries, and served with cream.

£4.45

V When served with Beechdean™ vegan vanilla flavoured ice cream.

Jackets

With a dressed salad garnish.

under 500 Cal

Tuna Mayonnaise

£5.15

under 600 Cal

Hickory BBQ Pulled Pork & Butler's Secret Cheddar

£5.25

under 600 Cal

Butler's Secret Cheddar & Beans V

£4.85

under 400 Cal

BBQ Pulled Jackfruit V

£5.25

Grilled Cheese Sandwiches

Served on Genius™ bread, with a mug of chips± V* or a dressed salad V

Double Cheese and Red Onion V

£5.95

Sliced red onion with melted Butler's Secret Cheddar and Monterey Jack cheese.

Salsa Chicken

£5.75

Sliced chicken breast smothered in tomato salsa and melted Butler's Secret Cheddar.

Hickory BBQ Pulled Pork

£5.75

Slow-cooked pulled pork marinated in a hickory BBQ sauce and melted Butler's Secret Cheddar.

BBQ Pulled Jackfruit V

£5.75

Pulled jackfruit and black beans in a smoky BBQ sauce and melted Butler's Secret Cheddar. Unsure if it's for you? Ask one of our team to tell you about jackfruit!

Sundaes

Minty Sundae V

£4.25

Beechdean™ mint chocolate chip and vanilla pod ice creams, mint **Aero®** bubbles, chocolate sauce and finished with cream.

Chocolate Indulgence Sundae V

£4.25

Beechdean™ Belgian chocolate truffle and vanilla pod ice creams, layered with chocolate sauce and finished with cream and Cadbury® chocolate Flakes.

Dairy Free Ice Cream Sundae V

£4.25

Beechdean™ vegan vanilla flavoured ice cream, made with creamy coconut milk and topped with raspberry sauce.

Build Your Own Ice Cream Sundae V

£4.25

Choose 3 scoops of Beechdean™ ice cream and a sauce: strawberry, chocolate or toffee fudge. Topped with cream and a Cadbury® Flake.

• Vanilla Pod • Mint Chocolate Chip

• Belgian Chocolate Truffle • Strawberries and Cream

^ ** However, as we use other foods containing gluten in our kitchens we cannot declare that any of our dishes are gluten or wheat free. All food is prepared in kitchens where nuts, gluten and other allergens are present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available at the bar or visit allergyadvice.marstons.co.uk.

± Ask if we have a dedicated NGCI fryer.

V Suitable for vegetarians or vegetarian option available. V Suitable for vegetarians and vegans.

V* V* We cannot guarantee that our vegetarian or vegan dishes have been cooked in dedicated fryers. Please ask a member of staff for more information.

All food is prepared in kitchens where nuts, gluten and other allergens are present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering.

Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces that may be added by the customer. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub 1oz equals 28.3g. All weights are approximate prior to cooking. Our chicken dishes may contain bones. We regret we cannot guarantee that any of our dishes are free from nuts or nut derivatives. Aero® is a Registered Trademark of Société des Produits Nestlé S.A. Cadbury is a registered trademark of Mondelez International.