

FOOD & DRINK MENU

CARVERY

and then some!



DAILY OFFERS FROM 5PM

WELCOME

Please browse your menu and order at the bar

Ordered a CARVERY?

Then you're good to go!
Simply head up to the carvery

Trying something from the MENU?

Then sit back & enjoy!

Your delicious food will
be brought over to you

Don't
forget
your table
number!

MONDAY

Chick & Mix £6

STEP 1

Select a tasty topper...

Hunter's
Sticky BBQ sauce,
crispy bacon and
melting Cheddar cheese.
Gravy ✓

Garlic & Herb ✓
A classic!
Buffalo ✓
Kickin' Buffalo sauce.

STEP 2

Add your spud...

CHOOSE:
Chips ✓ or
Homemade Roasties ✓

STEP 3

...and one of these

Homemade Coleslaw ✓
Corn on the Cob ✓
Side Salad ✓
Today's Vegetables ✓
Beans ✓

TUESDAY

TACO Tuesday £6

Three homemade Yorkshire pudding tacos, with your choice of filling. With sweet potato fries.

CARVERY MEAT

Topped with coleslaw and spring onion

PULLED PORK AND BEEF CHILLI

Topped with sour cream and cheese

BBQ JACK FRUIT

Topped with sour cream and cheese

BUTTERMILK CHICKEN GOUJONS

Topped with coleslaw and spring onion

CAULIFLOWER IN A RICH SMOKY BBQ COATING

Topped with coleslaw and spring onion

WEDNESDAY

CURRY Night £6

Our curries are served with rice, naan bread, a poppadum and mango chutney.

CHICKEN BALTI

Succulent chicken breast in a medium spiced onion and tomato curry sauce, authentically flavoured with fenugreek leaves and coriander.

BEEF MADRAS

Succulent diced beef in a hot tomato based curry sauce flavoured with tamarind, chilli and aromatic seeds and spices.

CHICKEN TIKKA MASALA

Chunks of chicken in a mildly spiced tomato and onion sauce flavoured with coriander.

VEGETABLE & PANEER JALFREZI

Diced paneer & vegetables cooked with turmeric in a rich smoky & spiced jalfrezi style curry sauce.

THURSDAY

Burgers & Wraps £6

Our burgers (choose from either prime beef burger or three buttermilk chicken goujons), are loaded with little gem lettuce, a slice of tomato and beer battered onion rings. With chips and homemade coleslaw on the side.

THE CLASSIC

YEE-HA!

Stacked with pulled pork and beef chilli, Monterey Jack cheese and sour cream.

BRIE BURGER

Topped with melting breaded Brie. Caution, melted cheese will be hot!

CRISPY BUFFALO

A kickin' Buffalo sauce topped with a blue cheese dressing.

YORKIE PUD WRAP

Gammon, beef, turkey, homemade roasties, carrots, red cabbage, stuffing and gravy, wrapped in a homemade Yorkshire pudding. With chips and mushy peas. (* option available.

MOVING MOUNTAINS BURGER (VE*)

The famous meat like burger... Made with plant-proteins, mushrooms, coconut oil, beetroot, herbs and spices. Topped with BBQ jackfruit and homemade sweet chilli coleslaw.

MOVING MOUNTAINS

FRIDAY

FISH AND CHIP NIGHT

- £6 -

BEER BATTERED FISH AND CHIPS

A large fish fillet, battered in-house with a Marston's beer batter and deep-fried until golden and crispy. With chips, a choice of garden or mushy peas and tartare sauce.

GOLDEN BREADED SCAMPI

Fourteen crispy golden Whitty wholetails of scampi. With chips, garden peas and tartare sauce.

SAUSAGE AND CHIPS

Three scrumptious pork or Quorn sausages with chips and your choice of garden peas, mushy peas, baked beans or curry sauce.

SATURDAY & SUNDAY

STEAK NIGHT

2 DINE FOR
£20

FLAME-GRILLED, JUST HOW YOU LIKE IT!

8oz RUMP STEAK

8oz SIRLOIN STEAK

10oz GAMMON STEAK

Topped with a free-range fried egg and a pineapple ring. With chips and garden peas.

16oz STICKY BBQ BABY BACK RIBS

ADD £1.50PP

With chips, corn on the cob and homemade kale slaw.

UPGRADE TO MIXED GRILL ADD £2PP

CHOOSE A BOTTLE OF WINE:

HARDYS 202 SHIRAZ

HARDYS 202 CHARDONNAY

HARDYS 202 ROSÉ

If you have a food allergy or intolerance, please speak to a member of staff before ordering your food and drinks.
Full allergen information is available at carvery.marstons.co.uk

STARTERS

CHOOSE ANY 3 FOR £10

Today's Soup £3.29

With rustic bread and butter.
Please ask for today's choice.

Golden Breaded Mushrooms £3.99

Whole button mushrooms in crispy golden breadcrumbs. With a choice of garlic mayonnaise or BBQ sauce.

Prawn Cocktail Sundae £3.99

Juicy prawns on gem lettuce, topped with a tangy seafood sauce. With rustic bread and butter.

Buttermilk Chicken Goujons £3.99

Crispy coated buttermilk chicken goujons. With mixed leaves and a choice of garlic mayonnaise or a BBQ dip.

Homebaked Nachos £3.99

Baked in house tortillas, topped with Cheddar cheese, guacamole, sour cream, salsa and sliced red jalapeños.

 **option available.**

Add Pulled Pork and Beef Chilli £1.49

Add BBQ Jackfruit  £1.49

Brie Dippers £3.99

Breaded Brie cheese. With a caramelised red onion chutney. Caution, the melted cheese will be hot!

Buffalo Wings £3.99

Served In a kickin' Buffalo sauce with mixed leaves.

Choose from:

- **Chicken Wings**
- **Florets of Cauliflower **
In a rich smoky BBQ coating -with a hint of spice.
LESS THAN 300 CAL

Double Gloucester Cheese, Red Onion and Hobgoblin Ale Chutney Tart £3.99

A cheesy shortcrust pastry tart filled with red onion and Hobgoblin Ale chutney. Topped with Double Gloucester cheese sauce, roasted red onion and cheesy crumb. With mixed leaves.

Handmade Black Pudding Bon Bons £3.99

Handmade black pudding bon bons in a breadcrumb coating. With brown sauce.

Homemade Yorkshire Pudding with Beef £3.99

A homemade Yorkshire Pudding filled with hand carved roast beef. With a jug of gravy.

GOING GREEN?

Our salads come with a base of mixed leaves, cucumber slices, cherry tomatoes, red onion, yellow pepper and balsamic vinegar dressing unless otherwise stated.

Chicken and Bacon Salad £8.29 LESS THAN 400 CAL

Turkey Caesar Salad £8.29 LESS THAN 500 CAL

Slices of hand carved turkey, homemade croutons, mixed leaves, a Caesar dressing and topped with shavings of Italian hard cheese.

Cauli Wings Salad * £7.79 LESS THAN 300 CAL

Florets of cauliflower in a rich smoky BBQ coating with a hint of spice.

Sweet Chilli Salmon Salad £9.79 LESS THAN 600 CAL

YOUR FAVOURITES

Prefer mash, chips, jacket or new potatoes? Vegetables or a dressed side salad?
Tell us how you'd like your meal and we'll be happy to change it.



Beer Battered Fish and Chips £8.69

A large fish fillet, battered in-house with a Marston's beer batter, deep-fried until golden. With chips, a choice of garden or mushy peas and tartare sauce.

Add bread and butter for £1.49 or curry sauce for £1.49

Fancy a smaller portion?

Light bite fish and chips available £6.29



British Beef and Pedigree Ale Pie £8.59

An individual hand-crimped shortcrust pastry pie filled with chunks of British beef, in a rich Pedigree ale gravy enriched with Cheddar cheese. With mash, peas and extra gravy.

Chicken, Gammon & Mustard Pie £8.59

Chicken breast and gammon in a creamy mustard sauce, all in a pastry case topped with a puff pastry lid. With mash, peas and extra gravy.

Beef Lasagne £7.99

With garlic bread and a dressed side salad.
 **Vegetarian lasagne also available.**

LESS THAN 500 CAL when swapping your garlic bread with extra salad.

Chicken Tikka Masala £8.49

Tender pieces of chicken in a mildly spiced tomato and onion sauce, flavoured with coriander. With rice, naan bread, a poppadum and mango chutney.

Add an onion bhaji for £1.99

Hand Carved Carvery Ham £7.99

With chips, two free-range fried eggs and a pot of caramelised red onion chutney.

Béarnaise Salmon £10.49

A grilled salmon fillet with a classic butter sauce with tarragon and rocket. With a selection of freshly cooked potatoes and vegetables from our carvery deck.

Breaded Scampi £8.19

Fourteen crispy golden Whitby whole-tails of scampi. With chips, garden peas and tartare sauce.

Add bread and butter for £1.49 or curry sauce for £1.49

Fancy a smaller portion?

Light bite scampi available £6.29

Button Mushroom Bourguignon Pie * £9.29

Herbed vegan suet pastry with a rich button mushroom, shallot and red wine filling, topped with a flaky puff pastry. With chips, carrots, peas and gravy.

* **when served without the gravy.**

Homemade Toad in the Hole £7.99

Three Cumberland sausages in a giant homemade Yorkshire pudding. With a selection of freshly cooked potatoes and vegetables from our carvery deck.
 **Vegetarian version available with Quorn™ sausages.**

Aubergine Bake * £7.99

Grilled peppers and roasted butternut squash in a rich tomato sauce, layered between slices of aubergine, topped with a ciabatta and hazelnut crumb. With a balsamic dressed side salad and garlic bread.

Minted Lamb Shank £10.79

With mash, peas and mint gravy.

SHARERS

Classic Combo £8.49

Homemade potato wedges, crispy buttermilk chicken goujons, breaded mushrooms, beer battered onion rings and garlic bread. With garlic mayonnaise and a BBQ dip.

Towering Beer Battered Onion Rings * £2.99

With a BBQ dip.

SANDWICHES

Choose from our rustic floury white bloomer bread, toasted ciabatta or wholegrain bread. We can also use Genius™ bread. With chips or a dressed salad garnish.

Mature Cheddar Cheese and Caramelised Red Onion Chutney * £5.29

BBQ Chicken and Cheddar Cheese Melt £5.65

The Classic Club £6.39

(Not available as a Ciabatta)

With chicken, bacon, little gem lettuce, tomato and Caesar dressing.





CHOOSE YOUR PLATE

Small
PLATE

Monday - Saturday	Sundays & Bank Hols
£4.99	£5.69
Vegetarian or meat free option available	

medium
PLATE

Monday - Saturday	Sundays & Bank Hols
£6.79	£8.69
Vegetarian or meat free option available	

UPGRADE

TO Large
for £2

An extra slice of meat, another Yorkshire pudding and an extra portion of stuffing, then help yourself to as many roast potatoes, new potatoes and seasonal vegetables as you want.

Our CARVERY brings families and friends together over a shared love of good, honest food. Our chefs are up early in the morning, slowly roasting a mouth-watering selection of meats for you to choose from. On our carvery, you will always find a range of nutritious vegetables on offer. Help yourself to as many roasties and fresh vegetables as you like, and finish off with a comforting helping of our freshly made gravy.

OUR PROMISE

If you're not happy with your Carvery, please let us know and we'll do whatever we can to put things right.

CARVERY LIGHT OPTIONS



CIABATTAS
Our ciabattas come with a choice of roast potatoes and gravy, chips and homemade coleslaw or a side salad.
Roast Beef & Horseradish
Ham & English Mustard
Turkey, Stuffing & Cranberry
£5.49 each

ROAST CARVERY MEAT SALAD
LESS THAN 500 CAL
Your choice of succulent meats from our carvery on a bed of salad with homemade coleslaw.
£7.79

DINE WITH WINE

Our range of wines from the Franshhoek Cellar are the perfect accompaniment to your favourite roast

ROAST BEEF Try with...
Franshhoek Cellar 'The Churchyard' Cabernet Sauvignon

ROAST TURKEY Try with...
Franshhoek Cellar 'La Cotte Mill' Chenin Blanc

Or with...
Franshhoek Cellar 'Club House' Rosé



ADD
Pigs in blankets
for £1

Chick & Mix £9.29



Our roast chickens are Red Tractor farm assured

Delicious half roast chicken with your choice of topper, chips or roasties and sides.

STEP 1

Select a tasty topper...

Hunter's

Sticky BBQ sauce, crispy bacon and melting Cheddar cheese.

Gravy

Garlic & Herb
A classic!

Buffalo
Kickin' Buffalo sauce.

STEP 2

Add your spud...

CHOOSE:

Chips * or

Homemade Roasties

STEP 3

...and one of these

Homemade Coleslaw

Corn on the Cob

Side Salad

Today's Vegetables

Beans



TASTY Sides

Garlic Bread £1.99

Cheesy Garlic Bread £2.49

Chips * £1.99

Sweet Potato Fries * £2.99

Salad Bowl and Homemade Coleslaw £1.99

Vegetables £1.99

Homemade Coleslaw £1.49

Beer Battered Onion Rings * £1.79

3 Pigs in Blankets £1.00

Corn on the Cob £1.49

Giant Yorkie Pud 99p

Rustic Bread and Butter £1.49

Homemade Creamed Greens £1.99



GRILLS

Our beef steaks and mixed grill are served with chips, half a tomato, a flat mushroom and garden peas.

8oz Rump Steak £10.49

8oz Sirloin Steak £12.29

Add onion rings for £1.79

Fancy a lighter option?

Our light option steaks are served with a side salad instead of chips and garden peas. **LESS THAN 700 CAL**

Mixed Grill £13.59

A rump steak, a gammon steak, a pork steak, a Cumberland sausage, half a chicken breast, two free-range fried eggs and a black pudding bon bon.

10oz Gammon Steak £8.59

Topped with a free range fried-egg and a pineapple ring. With chips and garden peas.

Add another egg and pineapple for 49p each

Fancy a smaller portion?

Have a 5oz gammon instead £6.29

Sticky BBQ Baby Back Ribs £12.79

A whole 16oz rack of baby back pork ribs smothered in sticky BBQ sauce. With chips, corn on the cob and homemade coleslaw.

Add onion rings for £1.79

Pork and Black Pudding £10.49

Three pork steaks with slices of black pudding. With mash potato, peas and creamy peppercorn sauce.

SAUCES & SIDES

Diane Sauce £1.49

Peppercorn Sauce £1.49

Garlic and Herb Sauce £1.49

2 free-range fried eggs 99p

5 pieces of Golden Breaded Scampi £1.79

Beer Battered Onion Rings * £1.79

Burgers, WRAPS and TACOS

Our burgers (choose from either prime beef burger or three buttermilk chicken goujons), are loaded with little gem lettuce, a slice of tomato and beer battered onion rings. With chips and homemade coleslaw on the side.

BURGERS

The Classic £7.99 / XL £9.49

Add bacon and cheese for £1.49

Yee-Ha! £8.99 / XL £10.49

Stacked with pulled pork and beef chilli, Monterey Jack cheese and sour cream.

Brie Burger £9.29 / XL £10.79

Topped with melting breaded Brie. Caution, melted cheese will be hot!

Crispy Buffalo 🌶️ £8.49 / XL £9.99

A kickin' Buffalo sauce topped with a blue cheese dressing.

Moving Mountains® Burger * £9.99 / XL £12.49

The famous meat like burger.. Made with plant-proteins, mushrooms, coconut oil, beetroot, herbs and spices. Topped with BBQ jackfruit and homemade sweet chilli coleslaw.



TACOS

Yorkie Pud Taco £9.99

Three homemade Yorkshire pudding tacos, each filled with a different slice of carvery meat, a cajun fajita slaw and spring onion. With sweet potato fries.

* option available with florets of cauliflower in a rich smoky BBQ coating.

WRAPS

Yorkie Pud Wrap £9.99

Gammon, beef, turkey, homemade roasties, carrots, red cabbage, stuffing and gravy, wrapped in a homemade Yorkshire pudding. With chips and mushy peas.

* option available.

Add 3 pigs in blankets for £1

TOP IT OFF

Monterey Jack cheese 79p

Bacon and cheese £1.49

A beef burger £1.50

Two buttermilk chicken goujons £1.49

Moving Mountains® B12 burger £2.50

Brie Dippers * £1.49

BBQ Jackfruit £1.49

RENEW YOUR

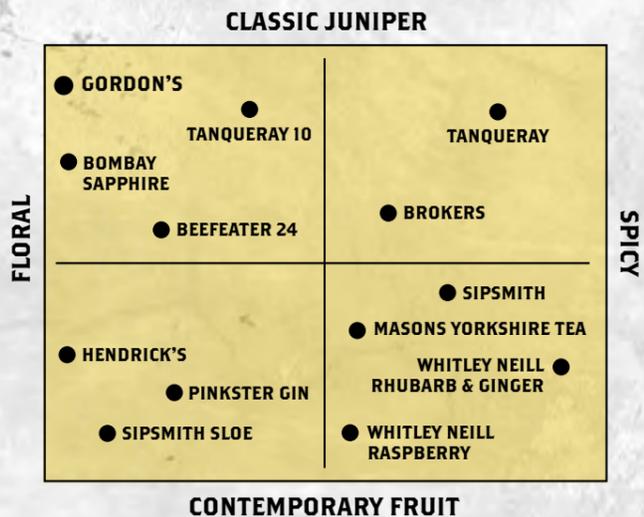
Gin

MEMBERSHIP



WE HAVE A GREAT RANGE OF SPIRITS TO SUIT EVERY OCCASION

Campari G&T Bombay Sapphire and Campari topped with Britvic Tonic gives an Italian twist to a British Great!!	£5.95
Gordon's Pink Gin (50ml) & Fever Tree Mediterranean Tonic	£5.95
Pinkster (50ml) & Britvic Tonic	£6.95
Hendricks (50ml) & Britvic Tonic	£6.95
Warner Edwards Elderflower (50ml) & Fever Tree Tonic	£7.50
Tanqueray 10 (50ml) & Fever Tree Elderflower Tonic	£7.50
Whitley Neill Rhubarb & Ginger (50ml) & Fever Tree Mediterranean Tonic	£7.50



Serious

SOFT DRINKS

R White's Cloudy Lemonade
Refreshing cloudy lemonade made with real lemons, and low calorie too!

R White's Raspberry Lemonade
Tangy raspberry and refreshing lemons? Perfect! And low calorie too!

R White's Pear & Elderflower Lemonade
Sparkling, zesty and refreshing. Blending floral elderflower with succulent pears.

Ask a member of our team for the other J20s, juices and soft drinks that we have available today!

WINE LIST

125ml available, just ask a member of staff

WHITES

	175ml	250ml	Bottle
Hardys 202 Main Road Chardonnay - Australia Lively and rounded with a pleasant baked citrus character.	£3.65	£5.00	£13.25
Canaletto Pinot Grigio delle Venezie IGT - Italy Dry, crisp, aromatic and fresh.	£3.85	£5.25	£13.95
Franschhoek Cellar 'La Cotte Mill' Chenin Blanc - South Africa Tropical mango, peach and honey blossom with a smooth texture.	£4.10	£5.55	£14.75
Nika Tiki Marlborough Sauvignon Blanc - New Zealand Zingy lime, lemon and tropical fruit characters, thoroughly refreshing.	£4.35	£5.95	£15.75
Victor Berard Chablis - France Lightly smoky with floral aromas and delicate buttery notes.			£19.75
Tramonto White Wine - Italy Light, crisp and clean with soft citrus flavours.	£3.25	£4.25	£11.25

REDS

Hardys 202 Main Road Shiraz - Australia Ripe blackberry flavours and soft tannins, bold fruit-driven.	£3.65	£5.00	£13.25
Santa Helena Varietal Merlot - Chile Plum, red fruit and spice aromas with plum flavours.	£3.75	£5.20	£13.50
Franschhoek Cellar 'The Churchyard' Cabernet Sauvignon - South Africa Roasted coffee and red berry aromas, firm yet silky.	£4.05	£5.50	£14.65
Marqués De La Concordia Crianza Rioja - Spain Ripe berry fruit with toasty new oak.	£3.95	£5.40	£14.50
El Cipres Malbec - Argentina Dark fruit aromas and flavours with a hint of spice.	£4.60	£6.25	£16.75
Tramonto Red Wine - Italy Soft and light with ripe red berry aromas and flavours.	£3.25	£4.25	£11.25

ROSÉ

Hardys 202 Main Road Rosé - Australia Light bodied rosé with soft, sweet berry fruit flavours.	£3.65	£5.00	£13.25
Sutter Home White Zinfandel - USA Sweet strawberry and watermelon aromas, light in alcohol and calories.	£3.75	£5.15	£13.75
Running Duck Shiraz Rose - South Africa Strawberry and lychee aromas with lasting red fruit flavours.	£4.10	£5.55	£14.75

WHY NOT SHARE SOME BUBBLES WITH FRIENDS?

Prosecco Canaletto - Italy
£17.50
Dry, Citrus.
Deliciously dry and light Prosecco with apple, lemon and grapefruit aromas and flavours.
Pop a bottle open and relax!

Moët & Chandon Brut Imperial NV - France
£41.50
Dry, Citrus Fruits.

This iconic champagne, with rich green apple and citrus aromas, is the perfect way to celebrate in style. The flavours of sumptuous fruits with a hint of biscuit are enhanced by the millions of fine bubbles in every glass!

A Flute & a half **£5.75**
(200ml bottle)

Every day is a Prosecco day, so why not have a mini bottle of ProsEcho Falls all to yourself!

Useful Information

Please ask a member of staff if you would like to know the ABV of a particular wine. The table here will enable you to calculate the alcohol units in your drink.

	ABV	9%	10%	11%	12%	13%	14%
Bottle	750ml	6.8	7.5	8.3	9	9.8	10.5
Large Glass	250ml	2.3	2.5	2.8	3.0	3.3	3.5
Medium Glass	175ml	1.6	1.7	1.9	2.1	2.3	2.4
Small Glass	125ml	1.1	1.3	1.4	1.5	1.6	1.8

drinkaware.co.uk
for the facts

PUDDINGS

CLASSICS

With your choice of custard, ice cream, vegan ice cream or cream.

Terribly Delicious Carrot Cake £4.79

Topped with cream cheese frosting and finished with fljack crumble.

Red Velvet Cheesecake £4.79

Chocolatey red velvet sponge layered with smooth and creamy white chocolate cheesecake, all set on a chocolate biscuit base and finished with white chocolate curls and a dusting of cocoa powder.

Flaky Chocolate Cheesecake £4.79

A crunchy biscuit crumb base topped with a traditional style vanilla cheesecake, finished with Belgian chocolate mousse and chocolate flakes.

Chocolate Éclair Cake £4.79

Chocolate sponge layered with crunchy chocolate vanilla mousse. Surrounded with dairy cream filled chocolate éclairs, topped with rich chocolate fudge sauce.

Blueberry Muffin and Pink Lemonade Cake £5.99

Purple sponges filled with a pink lemonade and raspberry mousse, finished with a blueberry muffin inspired topping dusted with icing sugar.

Somewhere Over The Rainbow Cake £5.99

Layers of flavoured colourful sponge, filled and topped with vanilla butter cream. Coated with vanilla butter cream and a sprinkling of red sugar chips.

TAKE AWAY
TWO PUDDINGS
FOR
£7.50



Apple Pie £3.99

A slice of deep-dish Bramley apple pie.

 option available.

Salted Caramel, Pecan and Fudge Brownie £3.99

A rich, warm chocolate brownie topped with fudge pieces and drizzled with salted caramel.

Praline Chocolate Tart £3.99

A rich dark chocolate torte, filled and finished with swirls of coconut milk and praline on a luxury nutty case.

 option available.

Melt in the Middle Chocolate Pudding £3.99

Warm and rich chocolate pudding with a melting centre.

Zingy Orange and Passionfruit Tartlet £4.29

Orange juice and zest with passionfruit, slow baked in a sweet pastry case.

Raspberry Jam Donut Pudding £3.99

Sticky raspberry jam layered between sweet donut dough and finished with a cinnamon sugar glaze.

 option available.

Banoffee Pie £4.29

A round digestive biscuit case filled with a toffee fudge, banana pieces and a layer of cream topping. Finished with a dusting of sweet crumb and gold crunch.

Chocolate Brownie Sundae £3.99

Chocolate and vanilla flavoured ice creams topped with gooey chocolate brownie cubes, squirty cream and drizzled with chocolate sauce.

Salted Caramel & Honeycomb Sundae £4.29

Vanilla flavoured ice cream, salted caramel sauce and bits of broken Cadbury® Crunchie, topped with squirty cream and more broken Cadbury® Crunchie.

Raspberry and Donut Sundae £3.99

Mini donuts glazed with a chocolate flavoured icing, layered with vanilla flavoured ice cream, raspberry sauce. Topped with squirty cream.

Lemon Drizzle Sundae £4.29

A lemon sponge, drizzled with lemon syrup and decorated with lemon icing, layered with vanilla flavoured ice cream and zesty lemon drizzle sauce. Topped with squirty cream.

Keep It Simple £2.99

Choose any three scoops of ice cream. Ask for today's choices.

 option available.

CAKE CARRYOUT

Take a DESSERT AWAY for later!

Photography is for illustrative purposes only. All food is prepared in kitchens where nuts, gluten and other allergens could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available at carvery.marstons.co.uk. 1oz = 28.3g. All weights are approximate prior to cooking. Dishes with fish and chicken may contain bones.  Suitable for vegetarians or vegetarian option available.  Suitable for vegetarians and vegans.  We cannot guarantee that our vegetarian and vegan ingredients have been cooked in separate fryers to our meat lines. Please ask a member of staff for more information.    Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces added by the customer. Portion sizes may vary slightly from those upon which the calorie calculations have been based, therefore values may not be identical or exact.  Unless stated, the fish we serve on our menu is either cod or haddock depending on availability because we only select fish from sustainable sources. Please ask when ordering for today's fish. Our scampi is made from more than one tail of Langoustine caught in UK waters. Cadbury® is a registered trademark of Mondelez International. Moving Mountains® is a registered trademark of Ecozone Limited.