

# -NGCI- MENU

The meals on this menu are made with ingredients which do not contain gluten or wheat. If you have an allergy or intolerance, please speak to a member of our team before you order your food & drinks. Need more allergy information? Just browse to [rotisserie.marstons.co.uk](http://rotisserie.marstons.co.uk) for everything you need. † Please ask if we have a dedicated NGCI fryer.

## GRAZERS

Let loose your creative side and craft your ideal collection of grazers.

ANY 3 FOR £8.45  
5 FOR £11.95

## MIXED KEFALONIA PITTED OLIVES (VE)

## ROASTED VEGETABLES & FETA (V)

Roast diced butternut squash, carrot, red onion, aubergine & courgette mixed with pieces of creamy feta.

## CHIP SHOP BITES (VE)\*\*

Peas & potatoes seasoned with salt & vinegar in a crispy cider vinegar batter. Served with a mint sauce dip.

## CHICKEN SATAY

Pulled chicken coated in a rich, non-peanut, satay sauce, served with crisp prawn crackers.

## ROASTED BEETROOT (V)

Wedges of beetroot, roasted & topped with sour cream & chive dressing & fresh rocket.



## ROTISSERIE CHICKEN WINGS

With your choice of sauce:

Smoked BBQ (VE)  
Red Hot Chilli  
Pepper  (V)  

Buffalo (VE)   
Thai Sweet Chilli (VE)   
Piri Piri (VE) 

## SHARER

### NACHO SHARER FOR TWO (V)

Cheddar cheese, guacamole, sour cream, salsa & sliced red jalapeños.

OR MAKE IT FOR ONE £3.75

£7.25

## APPETISERS

### TODAY'S SOUP (V)

£3.25

With Genius™ bread & butter.

### CRISPY POTATO SKINS†

Served with mixed leaves & smoked BBQ sauce dip.

Top with

Cheese & Bacon £3.95

BBQ Jackfruit (VE)\* £3.95

### KING PRAWN COCKTAIL

£3.75

With Genius™ bread & butter.



## ROTISSERIE CHICKEN WINGS

8 FOR £6.45

16 FOR £11.95

Choose your sauce

Thai Sweet Chilli (VE) 

Smoked BBQ (VE)

Red Hot  
Chilli Pepper  (V) 

Buffalo (VE) 

Piri Piri (VE) 

## CREATE YOUR OWN ROTISSERIE EXPERIENCE

### 1. PICK YOUR CHICKEN

#### HALF

£9.75

With a choice of sauce & two sides

#### WHOLE

£13.95

With a choice of sauce & two sides

### 2. ADD YOUR SAUCE

Peanut-free  
Satay  
Chicken  
Gravy

Hunter's No.1  
BBQ Sauce  
Piri Piri  
(VE) 

Buffalo (VE)   
Thai Sweet  
Chilli (VE) 

### 3. ADD YOUR SIDE

Chips (VE)\*  
Lime &  
Coriander  
Rice (VE)

Jacket  
Potato (V)  
Mashed  
Potatoes (V)

Sweetcorn  
Salsa  
(VE) 

### 4. ADD ANOTHER SIDE

'Slaw (V)  
Thai Sweet  
Chilli 'Slaw  
(VE) 

Side Salad (VE)  
Peas & Carrots (VE)  
Roasted Veg (VE)

Corn on  
the Cob (V)  
Roasted  
Beetroot (VE)



Get a taster of the star of the show, add two fresh Rotisserie wings to any meal

£1.50

All food is prepared in kitchens where nuts, gluten & other allergens could be present & our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. 1oz = 28.3g. All weights are approximate prior to cooking. (V) Suitable for vegetarians or vegetarian option available. (Ve) Suitable for vegetarians and vegans or vegetarian or vegan option available (V)\* (Ve)\* We cannot guarantee that our vegetarian & vegan ingredients have been cooked in separate fryers from our meat lines. Please ask a member of staff for more information. Dishes with fish & rotisserie chicken may contain bones. Calorie counts are for guidance only & are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces added by the customer. (Under 100/150/200/250/300/350/450/550/600) All dishes with these symbols state the calories they are less than. Portion sizes may vary slightly from those upon which the calorie calculations have been based, therefore values may not be identical or exact. Full allergen information is available at: [rotisserie.marstons.co.uk](http://rotisserie.marstons.co.uk) [www.marstonsinns.co.uk](http://www.marstonsinns.co.uk) Book online. Eat well. Sleep well. [www.marstons.co.uk](http://www.marstons.co.uk) Sign up to your favourite pub and be the first to hear about great offers and events.

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## SALADS

We start with mixed leaves, red onion, cherry tomato, carrot spirals and a drizzle of olive oil, the rest is over to you! Simply select your star from option 1, then add one from option 2 and 3 for free! \*

### 1 SELECT YOUR STAR...

Rump Steak  
Under 300 Cals  
**£10.25**

Grilled Salmon  
Under 450 Cals  
**£10.75**

Feta Cheese (V)  
Under 350 Cals  
**£8.95**

Pulled  
Rotisserie  
Chicken  
Under 300 Cals  
**£9.25**

Avocado &  
Cherry Tomato  
(VE)  
Under 300 Cals  
**£8.95**

### 2 ADD ONE OF THESE FOR FREE\*

Lime and  
Coriander Rice (VE)  
Under 350 Cals

Sweetcorn Salsa (VE) 🍷  
Under 100 Cals

### 3 AND THEN ANOTHER ONE FOR FREE\*

Roasted Beetroot (VE)  
Under 150 Cals

'Slaw (V)  
Under 200 Cals

Mixed Olives (VE)  
Under 200 Cals

Thai Sweet  
Chilli 'Slaw (VE) 🍷  
Under 150 Cals

Roasted  
Vegetables (VE)  
Under 100 Cals

\* only as part of one of our salad combinations

## GRILLS

With chips, a beef tomato wedge, a flat mushroom & rocket, unless otherwise stated.

### 8oz RUMP STEAK

Under 550 Cals when served with salad instead of chips.

### 8oz SIRLOIN STEAK

Under 600 Cals when served with salad instead of chips.

### 10oz BRITISH RIBEYE STEAK

**£10.45**

**£11.95**

**£14.45**

### MIXED GRILL

4oz rump steak, 5oz gammon steak, quarter rotisserie chicken, lamb chop & sausage.

### CHICKEN & STEAK

Half a rotisserie chicken & a 8oz rump steak.

### 10oz GAMMON STEAK

Grilled & topped with a free-range fried egg & a freshly grilled pineapple ring. With chips† & garden peas.

**£13.45**

**£14.25**

**£9.25**

#### Add one of our speciality sauces

Peppercorn £1.50

Diane (V) £1.50

UPGRADE TO SWEET POTATO FRIES (VE)\* **£1.00** extra

## PUB FAVOURITES

### WILTSHIRE HAM & EGGS

Hand-carved Wiltshire ham, two free-range fried eggs, chips & caramelised red onion chutney.

### PLANT-POWERED TIKKA MASALA (VE)

Pieces of plant-based protein in an aromatic masala sauce. Served with lime & coriander rice & mango chutney.

### CHICKEN TIKKA MASALA

Pulled rotisserie chicken in a mildly spiced tomato & onion sauce, flavoured with coriander. Served with rice, poppadums & mango chutney.

**£7.95**

**£8.75**

**£8.75**

If you'd like to swap your sides for either a different type of potato, vegetables or dressed side salad, just ask.

### STUFFED RED PEPPER (VE)

REGULAR **£8.95**  
under 450 Cals

LIGHT BITE **£6.45**  
under 250 Cals

Stuffed red pepper with a classic paella rice dish made with piquillo peppers, courgettes & butter beans flavoured with white wine, smoked paprika & finished with basil. Served with a dressed side salad.



Add pulled rotisserie chicken  
Add king prawns  
Add grilled halloumi

|                               | Regular | Light Bite |
|-------------------------------|---------|------------|
| Add pulled rotisserie chicken | £9.45   | £6.95      |
| Add king prawns               | £9.45   | £6.95      |
| Add grilled halloumi          | £9.45   | £6.95      |



Get a taster of the star of the show, add two fresh Rotisserie wings to any meal **£1.50**

## SIDES

Chips (VE)\*† **£1.95**  
Sweet Potato  
Fries (VE)\*† **£2.95**

Loaded Chipst  
- Cheese & Bacon **£3.45**  
- Piri Piri Chicken **£3.45**

House Salad (VE) **£1.45**  
Roasted  
Vegetables (VE) **£1.45**

'Slaw (V) **£2.15**  
Thai Sweet Chilli  
'Slaw (VE) 🍷 **£1.75**

## DESSERTS

### STICKY TOFFEE PUDDING (V)

**£3.95**

Rich toffee & date sponge pudding with buttery toffee sauce made with Welsh cream. Served warm with custard.

### KEEP IT SIMPLE (V)

**£2.95**

Choose any three scoops of our delicious ice creams. Ask one of the team for today's selection.

### VEGAN ICE CREAM SUNDAE (VE)

**£4.25**

Under 300 Cals  
Three scoops of Beechdean™ coconut based vanilla flavoured ice cream.