

# LET'S DO LUNCH

MONDAY - FRIDAY, UNTIL 5PM

## MAINS & BURGERS £5 EACH

If you have an allergy or intolerance, please speak to a member of staff before you order your food and drinks. Our menu features some great vegetarian and vegan options. Please ask a member of staff to see the Vegan or Non-Gluten Containing Ingredients Menu. Full allergen information is available at the bar or visit [allergyadvice.marstons.co.uk](http://allergyadvice.marstons.co.uk).

### Mains

UNDER 300 CALS

#### Grilled Chicken Salad

Mixed leaves, cherry tomatoes, red onion, cucumber and a drizzle of red wine vinegar dressing, topped with grilled chicken breast.

UNDER 500 CALS

#### Veggie Lentil Chilli **V**

A lentil, sweet potato and soy protein chilli, flavoured with Mexican spices, topped with guacamole and jalapeños. Served with your choice of long grain rice or a dressed side salad.



#### Pedigree Ale Beef Lasagne

Minced beef and smoked bacon ragu layered between a Pedigree ale béchamel sauce. Served with garlic ciabatta and a dressed side salad.

UNDER 600 CALS

When served without the garlic ciabatta and with a large salad instead.

**V** Vegetarian option available.

#### Cajun Chicken

A grilled chicken breast marinated in Cajun spices, with chips and a dressed side salad.

UNDER 400 CALS

When served without the chips and with a large salad instead.

#### Sausage and Cheesy Mash

Grilled pork sausages served on a bed of either Cheddar **OR** Stilton infused mashed potato with garden peas and a jug of gravy.

**V** When served with Quorn™ sausages.

#### Sweetcure Gammon Steak

A 5oz sweetcure gammon steak with chips, garden peas, a free-range fried egg **OR** a pineapple ring.

#### Hand-Battered Fish\* & Chips

Half a fish\* fillet battered in-house using our ale of the day. Served with chips, mushy **OR** garden peas and tartare sauce.

Add a  
Starter or  
Dessert for just  
£2 each

### Starters

#### Soup of the Day **V**

With hand-cut bread and butter. Ask for today's choice.

**V** Vegan option available.

#### King Prawn Cup

On crisp mixed leaves with seafood sauce and hand-cut bread and butter.

#### Golden Breadcrumbed Mushrooms **V\***

With a dressed salad garnish and either garlic mayonnaise or a smoked BBQ dip.

### Burgers

Choose to have your burger served in a tortilla wrap or stacked in a toasted sesame seed bun, with lettuce and sliced tomato. Served with chips and homemade coleslaw, unless otherwise stated.

UPGRADE YOUR CHIPS TO SWEET POTATO FRIES **V\*** FOR £1

GO **XL** AND ADD ANOTHER BURGER FOR £1.50 EXTRA

ADD THREE  
ONION RINGS **V\***  
FOR £0.50

#### Beef Burger

Our classic beef burger.

UNDER 600 CALS

When served without the chips and coleslaw, with a dressed side salad instead.

#### Buttermilk Chicken Burger

Crispy buttermilk chicken goujons.

#### Plant-Based Burger **V\***

A plant-based burger, with sweet chilli 'slaw.

UNDER 600 CALS

When served without the chips and 'slaw, with a dressed side salad instead.

### Desserts

#### Bramley Apple Pie **V**

Served warm with custard.

**V** When served with Beechdean™ vegan vanilla flavoured ice cream.

#### Chocolate Fudge Cake **V**

Layers of rich chocolate sponge with sticky chocolate fudge icing, served warm or cold with pouring cream.

#### Build Your Own Ice Cream Sundae **V**

Choose 3 scoops of Beechdean™ ice cream and a sauce: strawberry, chocolate or toffee fudge. Topped with cream and a Cadbury® Flake.

- Vanilla Pod
- Mint Chocolate Chip
- Belgian Chocolate Truffle
- Strawberries & Cream

# SANDWICHES & JACKETS

MONDAY - FRIDAY | SERVED UNTIL 5PM

NOT INCLUDED IN THE 'LET'S DO LUNCH' DEAL

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## Sandwiches

Served on white or multigrain bloomer bread, with chips **V\*** OR a dressed salad **V**.

### Wiltshire Ham & English Mustard £4.95

Hand-carved ham with classic English mustard and mixed leaves.

### Steak & Onion £6.25

Pan-fried strips of rump steak with caramelised red onion chutney and crispy onions, topped with horseradish mayonnaise.

### Cheese & Chutney **V\*** £5.25

Butler's Secret Cheddar and caramelised red onion chutney.

### Chicken & Bacon Club £5.95

Sliced roast chicken and crispy bacon with mixed leaves, tomato and mayonnaise.

### Sweet Chilli Courgette & Red Pepper **V\*** £4.95

Pieces of grilled red pepper with sweet chilli courgette ribbons, finished with crispy onions.

UPGRADE YOUR CHIPS TO SWEET POTATO FRIES **V\*** FOR £1

## Jackets

With a dressed salad garnish.



**Tuna Mayonnaise £4.75**



**Hickory BBQ Pulled Pork & Butler's Secret Cheddar £4.95**

**Butler's Secret Cheddar & Beans **V** £4.45**



**Veggie Lentil Chilli **V** £4.95**

A lentil, sweet potato and soy protein chilli, flavoured with Mexican spices.

## Sides

**Sweet Potato Fries **V\*** £2.95**

**Chips **V\*** £2.25**

**Garlic Ciabatta **V** £1.95**

**Cheesy Garlic Ciabatta **V** £2.45**

**Dressed House Salad **V** £1.95**

**Beer-Battered Onion Rings **V\*** £1.95**

**Hand-Cut Bread & Butter **V** £1.00**

**Sautéed Mushrooms **V** £1.95**

**Homemade Coleslaw **V** £1.50**

**Seasonal Vegetables **V** £1.95**

**Giant Moroccan-Style Cous Cous **V** £1.95**

**Sweet Chilli Courgette Ribbons **V** £1.95**

Terms and conditions apply. Selected mains, starters and desserts available from the "Let's Do Lunch" menu only. Offer only available Monday-Friday until 5pm. Offer excludes Sandwiches and Jackets. This offer cannot be used in conjunction with any other offer, promotion or discount. Offer may be withdrawn or subject to change without notice. This promotion and terms are governed by English Law and subject to the exclusive jurisdiction of the English courts. The offer only applies to the stated Marston's pub. Promoter: Marston's Pubs and Bars (a trading division of Marston's PLC). Photography is for illustrative purposes only.

**V** Suitable for vegetarians or vegetarian option available. **V\*** Suitable for vegetarians and vegans.

**V\* V\*** We cannot guarantee that our vegetarian or vegan dishes have been cooked in dedicated fryers. Please ask a member of staff for more information.

All food is prepared in kitchens where nuts, gluten and other allergens are present and our menu descriptions cannot include all ingredients. We regret we cannot guarantee that any of our dishes are free from nuts or nut derivatives. If you have a food allergy please let us know before ordering. Full allergen information is available at the bar or visit [allergyadvice.marstons.co.uk](http://allergyadvice.marstons.co.uk).



Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces that may be added by the customer. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. 1oz equals 28.3g. All weights are approximate prior to cooking.

Our fish and chicken dishes may contain bones. † We only select fish from sustainable sources. Please ask when ordering today's fish. Cadbury® is a registered trademark of Mondelez International. Can not be used in conjunction with any other offer or promotion.