Marston’s Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

Village/Willow LN 2019 Children's Menu

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	**Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
Starters																														
VLG M3 KID V Breaded Mushrooms Starter	Y	Y							Y															Y					Y	
VLG M3 KID VGN Garlic Bread Starter	Y	Y			Y	Y																							Y	Y
Mains																														
VLG M3 KID Chicken Dippers	Y	Y											Y										Y							
VLG M3 KID Fish Fingers	Y	Y								Y																				
VLG M3 KID Pork Super Sausages																										Y				
VLG M3 KID V Pizza Party (No Toppings)	Y	Y											Y																Y	
VLG M3 KID V Quorn Super Sausages	Y	Y				Y			Y				Y																Y	
VLG M3 KID V Vegetable Lasagne	Y	Y										Y	Y										Y	Y					Y	
VLG M3 KID VGN Vegetable Lasagne	Y	Y										Y											Y	Y					Y	Y
Desserts																														
VLG M3 KID V Chocolate Brownie	Y	Y							Y			Y	Y																Y	
VLG M3 KID V Ice Cream Sundae	Y	Y							Y			Y	Y																Y	
VLG M3 KID VGN Ice Cream Sundae																													Y	Y

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Drinks																														
VLG M3 KID V Milk													Y																Y	

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Extras																														
VLG M3 KID Pizza Topping - Ham																														
VLG M3 KID Pizza Topping - Sausage																										Y				
VLG M3 KID V Extra - Jacket Potato & Butter													Y																Y	
VLG M3 KID V Extra - Mash													Y																Y	
VLG M3 KID V Extra - Yorkshire Pudding	Y	Y							Y				Y																Y	
VLG M3 KID VGN Extra - Baked Beans																													Y	Y
VLG M3 KID VGN Extra - Carrots																													Y	Y
VLG M3 KID VGN Extra - Chips																													Y	Y
VLG M3 KID VGN Extra - Garlic Bread	Y	Y			Y	Y																							Y	Y
VLG M3 KID VGN Extra - Peas																													Y	Y
VLG M3 KID VGN Extra - Potato Waffles																													Y	Y
VLG M3 KID VGN Extra - Sweetcorn																													Y	Y
VLG M3 KID VGN Pizza Topping - Mixed Peppers																													Y	Y
VLG M3 KID VGN Pizza Topping - Mushroom																													Y	Y
VLG M3 KID VGN Pizza Topping - Pineapple																													Y	Y
VLG M3 KID VGN Pizza Topping - Red Onion																													Y	Y
VLG M3 KID VGN Pizza Topping - Sweetcorn																													Y	Y