

Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2019 Rotisserie Christmas Menus

Dish Name	Cereals containing Gluten :										Nuts :																
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians

Festive Starters

ROT XMF Cheesy Garlic Mushrooms	Y	Y									Y	Y										Y						Y		
ROT XMF Ham Hock Terrine	Y	Y											Y									Y			Y					
ROT XMF King Prawn Cocktail	Y	Y					Y	Y			Y											Y			Y					
ROT XMF NGCI Ham Hock Terrine								Y														Y			Y					
ROT XMF NGCI King Prawn Cocktail							Y	Y														Y			Y					
ROT XMF NGCI Spiced Butternut Squash and Spinach Soup								Y														Y							Y	
ROT XMF Spiced Butternut Squash and Spinach Soup	Y	Y											Y									Y							Y	Y
ROT XMF VGN Spiced Butternut Squash and Spinach Soup	Y	Y											Y									Y							Y	Y

Festive Mains

ROT XMF Candied Nut Roast										Y			Y	Y			Y	Y							Y				Y	Y
ROT XMF NGCI Roast Turkey																									Y					
ROT XMF Roast Turkey	Y	Y										Y												Y						
ROT XMF Slow Cooked Beef Stew																									Y					
ROT XMF St Clements Kiln Roasted Salmon Tart									Y			Y										Y			Y					
ROT XMF VGN Candied Nut Roast										Y			Y	Y			Y	Y							Y				Y	Y

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Festive Desserts

ROT XMF Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y									Y		Y	Y			Y		
ROT XMF Chocolate and Hazelnut Roulade	Y	Y						Y				Y	Y	Y		Y													Y	
ROT XMF Christmas Pudding	Y	Y										Y												Y					Y	
ROT XMF Damson Gin Orchard Pie	Y	Y										Y												Y					Y	
ROT XMF Raspberry and White Chocolate Meringue								Y				Y	Y																Y	
ROT XMF VGN Damson Gin Orchard Pie	Y	Y																						Y					Y	Y

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U5 Festive																														
ROT XMF U5 Ice Cream												Y																Y		
ROT XMF U5 Roast Turkey																														
ROT XMF U5 Veggie Sausages	Y	Y									Y													Y				Y	Y	
ROT XMF U5 VGN Ice Cream																												Y	Y	
ROT XMF U5 VGN Veggie Sausages	Y	Y									Y													Y				Y	Y	
Day Starters																														
ROT XMD Chicken Garlic and Smoked Bacon Pate	Y	Y			Y						Y	Y												Y						
ROT XMD French Onion Soup	Y	Y									Y										Y			Y			Y	Y		
ROT XMD NGCI Chicken Garlic and Smoked Bacon Pate	Y				Y			Y			Y												Y							
ROT XMD NGCI French Onion Soup								Y													Y			Y			Y			
ROT XMD NGCI Smoked Salmon Prosecco and Crayfish Parfait							Y	Y	Y		Y												Y							
ROT XMD Smoked Applewood and Onion Souffle								Y			Y												Y				Y			
ROT XMD Smoked Salmon Prosecco and Crayfish Parfait	Y	Y					Y	Y	Y		Y	Y											Y							
ROT XMD VGN French Onion Soup	Y	Y									Y										Y			Y			Y	Y		

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MSR XMD KID Soup	Y	Y								Y											Y						Y	Y	
ROT XMD KID Buttermilk Chicken Goujons	Y	Y									Y										Y								
ROT XMD KID Chocolate and Hazelnut Roulade	Y	Y						Y		Y	Y	Y		Y														Y	
ROT XMD KID Fresh Fruit Cocktail																												Y	Y
ROT XMD KID Garlic Bread	Y	Y			Y	Y																						Y	Y
ROT XMD KID Ice Cream											Y																	Y	
ROT XMD KID NGCI Roast Turkey																									Y				
ROT XMD KID NGCI Tomato Soup								Y														Y						Y	
ROT XMD KID Roast Turkey	Y	Y									Y														Y				
ROT XMD KID Sirloin Steak 4oz																													
ROT XMD KID Stuffed Butternut Squash													Y			Y									Y			Y	Y
ROT XMD KID Veggie Sausages	Y	Y									Y													Y				Y	Y
ROT XMD KID VGN Ice Cream																												Y	Y
ROT XMD KID VGN Tomato Soup	Y	Y									Y											Y						Y	Y
ROT XMD KID VGN Veggie Sausages	Y	Y									Y														Y			Y	Y
ROT XMD VGN Stuffed Butternut Squash													Y			Y									Y			Y	Y

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U5 Day

ROT XMD U5 Ice Cream												Y																Y	
ROT XMD U5 Roast Turkey																								Y					
ROT XMD U5 Veggie Sausages	Y	Y									Y												Y					Y	Y
ROT XMD U5 VGN Ice Cream																												Y	Y
ROT XMD U5 VGN Veggie Sausages	Y	Y									Y												Y					Y	Y

Celebration Menu Starters

ROT XMC Cheesy Garlic Mushrooms	Y	Y									Y	Y										Y						Y	
ROT XMC Ham Hock Terrine	Y	Y									Y											Y		Y					
ROT XMC King Prawn Cocktail	Y	Y					Y	Y			Y											Y		Y					
ROT XMC NGCI Ham Hock Terrine								Y														Y		Y					
ROT XMC NGCI Prawn Cocktail							Y	Y														Y		Y					
ROT XMC NGCI Tomato Soup								Y														Y						Y	
ROT XMC Tomato Soup	Y	Y									Y											Y						Y	Y
ROT XMC VGN Tomato Soup	Y	Y									Y											Y						Y	Y

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Celebration Menu Mains

ROT XMC Candied Nut Roast										Y		Y	Y			Y	Y										Y			Y	Y
ROT XMC Hunter's Half Rotisserie Chicken												Y																			
ROT XMC NGCI Roast Turkey																									Y						
ROT XMC Posh Fish and Chips	Y	Y			Y			Y	Y																						
ROT XMC Roast Turkey	Y	Y										Y													Y						
ROT XMC Sirloin Steak 8oz												Y																			
ROT XMC VGN Candied Nut Roast										Y		Y	Y			Y	Y							Y				Y	Y		

Celebration Menu Desserts

ROT XMC Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y									Y		Y	Y				Y	
ROT XMC Chocolate & Hazelnut Roulade	Y	Y						Y				Y	Y	Y		Y													Y	
ROT XMC Damson Gin Orchard Pie	Y	Y											Y												Y				Y	
ROT XMC Kir Royale Inspired Cheesecake												Y	Y												Y				Y	
ROT XMC VGN Damson Gin Pie	Y	Y																							Y				Y	Y
ROT XMC VGN Kir Royale Inspired Cheesecake												Y													Y				Y	Y

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Kids Celebration Menu

MSR XMC KID Soup	Y	Y									Y	Y									Y							Y	
ROT XMC KID Beef Burger	Y	Y																											
ROT XMC KID Buttermilk Chicken Goujons	Y	Y									Y										Y								
ROT XMC KID Chocolate & Hazelnut Roulade	Y	Y						Y			Y	Y	Y		Y													Y	
ROT XMC KID Fresh Fruit Cocktail																												Y	Y
ROT XMC KID Garlic Bread	Y	Y			Y	Y																						Y	Y
ROT XMC KID Ice Cream												Y																Y	
ROT XMC KID NGCI Tomato Soup								Y														Y						Y	
ROT XMC KID Roast Turkey	Y	Y										Y												Y					
ROT XMC KID Veggie Burger	Y	Y				Y					Y																	Y	Y
ROT XMC KID Veggie Sausages	Y	Y									Y													Y				Y	Y
ROT XMC KID VGN Ice Cream																												Y	Y
ROT XMC KID VGN Tomato Soup	Y	Y										Y										Y						Y	Y
ROT XMC KID VGN Veggie Sausages	Y	Y										Y												Y				Y	Y

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NYE Mains																													
MSR NYE Duck																													
MSR NYE Nut Roast										Y			Y	Y			Y	Y							Y			Y	Y
MSR NYE Salmon Tart									Y			Y										Y							
MSR NYE Steak								Y														Y	Y		Y				
NYE Desserts																													
MSR NYE Apple Tart	Y	Y										Y																Y	
MSR NYE Cheese and Biscuits	Y	Y			Y	Y		Y			Y	Y									Y		Y	Y			Y		
MSR NYE Cheesecake												Y	Y											Y			Y		
MSR NYE Chocolate Dessert												Y	Y											Y			Y		
MSR NYE Ice Cream Sundae	Y	Y										Y	Y	Y		Y												Y	
MSR NYE VGN Cheesecake												Y												Y			Y	Y	
MSR NYE VGN Chocolate Dessert												Y												Y			Y	Y	
Sides																													
MSR XMD Pigs in Blankets - Side	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?
ROT XMD Cheesy Roast Potatoes												Y																Y	
ROT XMF Cheesy Roast Potatoes												Y																Y	
ROT XMF Pigs in Blankets x 8																								Y					

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Sparkle

MSR XMS Brie & Bacon Chicken									Y			Y										Y							
MSR XMS Garlic Bread Camembert	Y	Y										Y																	
MSR XMS Snowman Burger	Y	Y	?	?	?	?	?	?	Y	?	?	Y	Y	?	?	?	?	?	?	?	?	Y	Y	Y	?	?	?	?	
MSR XMS Veggie Snowman Burger	Y	Y				Y			Y			Y	Y									Y	Y	Y				Y	
ROT XMS Four Cheese Steak	Y	Y										Y																	
ROT XMS Sweet Shop Sundae	Y	Y				Y					Y	Y	Y	Y	Y								Y	Y					

Breakfast with Santa

ROT XMS Breakfast Classic	Y	Y				Y	Y		Y															Y				
ROT XMS Breakfast Classic Vegan	Y	Y									Y													Y			Y	Y
ROT XMS Breakfast Classic Veggie	Y	Y							Y			Y												Y			Y	
ROT XMS Breakfast Kids	Y	Y				Y			Y		Y	Y	Y	Y	Y								Y	Y				
ROT XMS Breakfast Kids Vegan	Y	Y				Y					Y	Y	Y	Y	Y								Y	Y			Y	
ROT XMS Breakfast Kids Veggie	Y	Y				Y			Y		Y	Y	Y	Y	Y								Y	Y			Y	