Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

CCM Christmas Residual Menu 2019

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	**Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
Starter																														
CCM XMS DSF Butternut and Spinach Soup	Y	Y				Y							Y										Y						Y	
CCM XMS DSF Cheesy Garlic Mushrooms	Y	Y				Y						Y	Y											Y					Y	
CCM XMS DSF Chicken and Herb Pate	Y	Y				Y							Y													Y				
CCM XMS DSF Ham Hock Terrine	Y	Y				Y							Y											Y		Y				
CCM XMS DSF NGCI Butternut and Spinach Soup									Y				Y										Y						Y	
CCM XMS DSF NGCI Chicken and Herb Pate									Y				Y													Y				
CCM XMS DSF NGCI Ham Hock Terrine									Y				Y											Y		Y				
CCM XMS DSF NGCI Smoked Salmon									Y	Y			Y																	
CCM XMS DSF Smoked Salmon	Y	Y				Y				Y			Y																	
CCM XMS DSF VGN Butternut and Spinach Soup	Y	Y				Y																	Y						Y	Y

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Mains																														
CCM XMS DSF Beef and Rioja Pie	Y	Y				Y			Y																	Y				
CCM XMS DSF Candied Nut Roast											Y			Y	Y			Y	Y							Y			Y	Y
CCM XMS DSF NGCI Smoked Salmon									Y	Y			Y																	
CCM XMS DSF Parsley Cod										Y			Y										Y							
CCM XMS DSF Parsnip and Brie Rosti													Y																Y	
CCM XMS DSF Salted Caramel Chicken Burger	Y	Y										Y	Y										Y							
CCM XMS DSF Showstopper Dessert	Y	Y							Y			Y	Y																Y	
CCM XMS DSF Sparkle XL Salted Caramel Chicken & Bacon Burger	Y	Y										Y	Y										Y							
CCM XMS DSF St Clements Salmon Tart										Y			Y										Y							
CCM XMS DSF VGN Candied Nut Roast											Y			Y	Y			Y	Y							Y			Y	Y
CCM XMS DSF VGN Parsnip and Brie Rosti																													Y	Y

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Carvery Mains																														
CCM XMS DSF Carvery Beef and Rioja Pie	Y	Y				Y			Y				Y											Y		Y				
CCM XMS DSF Carvery Candied Nut Roast	Y	Y				Y			Y		Y		Y	Y	Y			Y	Y					Y		Y			Y	
CCM XMS DSF Carvery Candied Nut Roast	Y	Y				Y			Y		Y		Y	Y	Y			Y	Y					Y		Y			Y	
CCM XMS DSF Carvery Parsley Cod	Y	Y				Y			Y	Y			Y										Y	Y		Y				
CCM XMS DSF Carvery Parsnip and Brie Rosti	Y	Y				Y			Y				Y											Y		Y			Y	
CCM XMS DSF St Clements Salmon Tart										Y			Y										Y							
CCM XMS DSF VGN Carvery Parsnip and Brie Rosti	Y	Y				Y			Y				Y											Y		Y			Y	

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Desserts																														
CCM XMS DSF Belgian Chocolate Tart	Y	Y										Y																	Y	Y
CCM XMS DSF Chocolate and Hazelnut Rocher Roulade	Y	Y							Y			Y	Y	Y		Y													Y	
CCM XMS DSF Christmas Pudding	Y	Y				Y			Y				Y	Y	Y														Y	
CCM XMS DSF Damson Gin Orchard Pie	Y	Y											Y													Y			Y	
CCM XMS DSF Danish Style Brioche Bread & Butter Pudding	Y	Y							Y				Y	Y	Y														Y	
CCM XMS DSF Kir Royale Inspired Cheesecake												Y	Y													Y			Y	
CCM XMS DSF NGCI Stollen Style Bakewell Tart									Y				Y	Y	Y											Y			Y	
CCM XMS DSF Stollen Style Bakewell Tart									Y				Y	Y	Y											Y			Y	
CCM XMS DSF VGN Belgian Chocolate Tart	Y	Y										Y																	Y	Y
CCM XMS DSF VGN Damson Gin Orchard Pie	Y	Y																								Y			Y	Y
CCM XMS DSF VGN Kir Royale Inspired Cheesecake												Y														Y			Y	Y