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## 2019 Two for One Christmas Menus

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|-----------|-----------------------------|---------------|---------------|-----|--------|------|-------------|------|------|---------|----------|------|---------|----------|--------|------------|-----------|------------|---------------|---------------------------------|--------|---------|--------|---------------------------|-------|----------|--------------------------|
|           | Wheat                       | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs | Suitable for Vegetarians |

### Festive Desserts

|   |   |   |  |  |   |   |  |  |   |  |  |   |   |   |  |  |  |  |  |  |  |   |  |   |   |  |  |   |   |  |
|---|---|---|--|--|---|---|--|--|---|--|--|---|---|---|--|--|--|--|--|--|--|---|--|---|---|--|--|---|---|--|
| TFO XMF Cheese and Biscuits                 | Y | Y |  |  | Y | Y |  |  | Y |  |  | Y | Y |   |  |  |  |  |  |  |  | Y |  | Y | Y |  |  | Y |   |  |
| TFO XMF Chocolate and Cherry Cheesecake     |   |   |  |  |   |   |  |  |   |  |  |   | Y | Y |  |  |  |  |  |  |  |   |  |   |   |  |  |   | Y |  |
| TFO XMF Christmas Pudding                   | Y | Y |  |  |   |   |  |  |   |  |  |   | Y |   |  |  |  |  |  |  |  |   |  | Y |   |  |  | Y |   |  |
| TFO XMF Damson Gin Orchard Pie              | Y | Y |  |  |   |   |  |  |   |  |  |   | Y |   |  |  |  |  |  |  |  |   |  | Y |   |  |  | Y |   |  |
| TFO XMF VGN Chocolate and Cherry Cheesecake |   |   |  |  |   |   |  |  |   |  |  |   | Y |   |  |  |  |  |  |  |  |   |  |   |   |  |  | Y | Y |  |
| TFO XMF VGN Damson Gin Orchard Pie          | Y | Y |  |  |   |   |  |  |   |  |  |   |   |   |  |  |  |  |  |  |  |   |  | Y |   |  |  | Y | Y |  |



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### U5 Festive

|                                |   |   |  |  |  |  |  |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |   |   |  |  |  |   |   |
|--------------------------------|---|---|--|--|--|--|--|--|--|--|---|---|--|--|--|--|--|--|--|--|--|--|---|---|--|--|--|---|---|
| TFO XMF U5 Ice Cream           |   |   |  |  |  |  |  |  |  |  |   | Y |  |  |  |  |  |  |  |  |  |  |   |   |  |  |  | Y |   |
| TFO XMF U5 Roast Turkey        |   |   |  |  |  |  |  |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |   | Y |  |  |  |   |   |
| TFO XMF U5 Veggie Sausages     | Y | Y |  |  |  |  |  |  |  |  | Y |   |  |  |  |  |  |  |  |  |  |  | Y |   |  |  |  | Y | Y |
| TFO XMF U5 VGN Ice Cream       |   |   |  |  |  |  |  |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |   |   |  |  |  | Y | Y |
| TFO XMF U5 VGN Veggie Sausages | Y | Y |  |  |  |  |  |  |  |  | Y |   |  |  |  |  |  |  |  |  |  |  | Y |   |  |  |  | Y | Y |

### Day Starters

|  |   |   |  |  |  |  |   |   |   |  |   |   |  |  |  |  |  |  |  |  |  |   |  |   |  |  |  |   |   |
|--|---|---|--|--|--|--|---|---|---|--|---|---|--|--|--|--|--|--|--|--|--|---|--|---|--|--|--|---|---|
| TFO XMD Cheesy Garlic Mushrooms                          | Y | Y |  |  |  |  |   |   |   |  | Y | Y |  |  |  |  |  |  |  |  |  | Y |  |   |  |  |  | Y |   |
| TFO XMD Ham Hock Terrine                                 | Y | Y |  |  |  |  |   |   |   |  | Y |   |  |  |  |  |  |  |  |  |  | Y |  | Y |  |  |  |   |   |
| TFO XMD NGCI Ham Hock Terrine                            |   |   |  |  |  |  |   | Y |   |  |   |   |  |  |  |  |  |  |  |  |  | Y |  | Y |  |  |  |   |   |
| TFO XMD NGCI Smoked Salmon Prosecco and Crayfish Parfait |   |   |  |  |  |  | Y | Y | Y |  | Y |   |  |  |  |  |  |  |  |  |  |   |  | Y |  |  |  |   |   |
| TFO XMD NGCI Spiced Butternut Squash and Spinach Soup    |   |   |  |  |  |  |   | Y |   |  |   |   |  |  |  |  |  |  |  |  |  | Y |  |   |  |  |  | Y |   |
| TFO XMD Smoked Salmon Prosecco and Crayfish Parfait      | Y | Y |  |  |  |  | Y | Y | Y |  | Y | Y |  |  |  |  |  |  |  |  |  |   |  | Y |  |  |  |   |   |
| TFO XMD Spiced Butternut Squash and Spinach Soup         | Y | Y |  |  |  |  |   |   |   |  |   | Y |  |  |  |  |  |  |  |  |  | Y |  |   |  |  |  | Y | Y |
| TFO XMD VGN Spiced Butternut Squash and Spinach Soup     | Y | Y |  |  |  |  |   |   |   |  | Y |   |  |  |  |  |  |  |  |  |  | Y |  |   |  |  |  | Y | Y |

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## 2019 Two for One Christmas Menus

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|--|-----------------------------|---------------|---------------|-----|--------|------|-------------|------|------|---------|----------|------|---------|----------|--------|------------|-----------|------------|---------------|---------------------------------|--------|---------|--------|---------------------------|-------|----------|--------------------------|---------------------|
|  | Wheat                       | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs | Suitable for Vegetarians | Suitable for Vegans |
| TFO XMD Carvery                                      | Y                           | Y             |               |     | Y      |      |             | Y    |      |         | Y        |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          |                          |                     |
| TFO XMD Carvery Parsnip and Swede Rosti              | Y                           |               |               |     | Y      |      |             |      |      |         | Y        |      |         |          |        |            |           |            |               |                                 |        |         |        |                           |       |          | Y                        |                     |
| TFO XMD Carvery St Clements Kiln Roasted Salmon Tart | Y                           |               |               |     | Y      |      |             | Y    |      |         | Y        |      |         |          |        |            |           |            |               |                                 | Y      |         |        |                           |       |          |                          |                     |
| TFO XMD NGCI Carvery                                 |                             |               |               |     |        |      |             |      |      |         | Y        |      |         |          |        |            |           |            |               |                                 |        |         | Y      |                           |       |          |                          |                     |
| TFO XMD NGCI Parsnip & Swede Rosti                   |                             |               |               |     |        |      |             |      |      |         | Y        |      |         |          |        |            |           |            |               |                                 |        |         | Y      |                           |       | Y        |                          |                     |
| TFO XMD NGCI Roast Turkey                            |                             |               |               |     |        |      |             |      |      |         |          |      |         |          |        |            |           |            |               |                                 |        |         | Y      |                           |       |          |                          |                     |
| TFO XMD Parsnip & Swede Rosti                        |                             |               |               |     |        |      |             |      |      |         | Y        |      |         |          |        |            |           |            |               |                                 |        |         | Y      |                           |       | Y        |                          |                     |
| TFO XMD Roast Turkey                                 | Y                           | Y             |               |     |        |      |             |      |      |         | Y        |      |         |          |        |            |           |            |               |                                 |        |         | Y      |                           |       |          |                          |                     |
| TFO XMD Sirloin Steak 8oz                            |                             |               |               |     |        |      |             |      |      |         |          |      |         |          |        |            |           |            |               |                                 |        |         | Y      |                           |       |          |                          |                     |
| TFO XMD St Clements Kiln Roasted Salmon Tart         |                             |               |               |     |        |      |             | Y    |      |         | Y        |      |         |          |        |            |           |            |               |                                 | Y      |         | Y      |                           |       |          |                          |                     |
| TFO XMD VGN Carvery Parsnip and Swede Rosti          |                             |               |               |     |        |      |             |      |      |         |          |      |         |          |        |            |           |            |               |                                 |        |         |        |                           |       | Y        | Y                        |                     |
| TFO XMD VGN Parsnip and Swede Rosti                  |                             |               |               |     |        |      |             |      |      |         |          |      |         |          |        |            |           |            |               |                                 |        |         | Y      |                           |       | Y        | Y                        |                     |

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### Day Desserts

|  |   |   |  |  |   |   |  |   |   |  |   |   |   |   |   |   |  |  |  |  |  |   |  |   |   |  |  |   |   |   |
|--|---|---|--|--|---|---|--|---|---|--|---|---|---|---|---|---|--|--|--|--|--|---|--|---|---|--|--|---|---|---|
| TFO XMD Beverage Accompaniment                       | Y | Y |  |  |   |   |  |   |   |  | Y | Y | Y |   | Y |   |  |  |  |  |  |   |  |   |   |  |  | Y |   |   |
| TFO XMD Cheese and Biscuits                          | Y | Y |  |  | Y | Y |  |   | Y |  |   | Y | Y |   |   |   |  |  |  |  |  | Y |  | Y | Y |  |  |   | Y |   |
| TFO XMD Chocolate and Hazelnut Roulade               | Y | Y |  |  |   |   |  | Y |   |  | Y | Y | Y |   | Y |   |  |  |  |  |  |   |  |   |   |  |  |   | Y |   |
| TFO XMD Christmas Pudding                            | Y | Y |  |  |   |   |  |   |   |  |   | Y |   |   |   |   |  |  |  |  |  |   |  | Y |   |  |  |   | Y |   |
| TFO XMD Kir Royale Inspired Cheesecake               |   |   |  |  |   |   |  |   |   |  | Y | Y |   |   |   |   |  |  |  |  |  |   |  | Y |   |  |  |   | Y |   |
| TFO XMD NGCI Kir Royale Inspired Cheesecake          |   |   |  |  |   |   |  |   |   |  | Y | Y |   |   |   |   |  |  |  |  |  |   |  | Y |   |  |  |   | Y |   |
| TFO XMD Spiced Apple and Cranberry Nutty Crumble     | Y | Y |  |  |   | Y |  |   |   |  |   | Y | Y | Y |   | Y |  |  |  |  |  |   |  | Y |   |  |  | Y |   |   |
| TFO XMD VGN Kir Royale Inspired Cheesecake           |   |   |  |  |   |   |  |   |   |  | Y |   |   |   |   |   |  |  |  |  |  |   |  | Y |   |  |  |   | Y | Y |
| TFO XMD VGN Spiced Apple and Cranberry Nutty Crumble | Y | Y |  |  |   | Y |  |   |   |  |   |   | Y | Y |   | Y |  |  |  |  |  |   |  | Y |   |  |  | Y | Y |   |

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| TFO XMD KID Buttermilk Chicken Goujons     | Y                                  | Y             |               |     | Y      |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 | Y      |         |        |                           |       |          |                          |                     |
| TFO XMD KID Carvery                        | Y                                  | Y             |               |     | Y      |      |             | Y    |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          |                          |                     |
| TFO XMD KID Carvery Veggie Sausages        | Y                                  | Y             |               |     | Y      |      |             |      |      | Y       | Y             |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          | Y                        |                     |
| TFO XMD KID Chocolate and Hazelnut Roulade | Y                                  | Y             |               |     |        |      |             | Y    |      | Y       | Y             | Y    |         | Y        |        |            |           |            |               |                                 |        |         |        |                           |       |          | Y                        |                     |
| TFO XMD KID Christmas Pudding              | Y                                  | Y             |               |     |        |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          | Y                        |                     |
| TFO XMD KID Fresh Fruit Cocktail           |                                    |               |               |     |        |      |             |      |      |         |               |      |         |          |        |            |           |            |               |                                 |        |         |        |                           |       |          | Y                        | Y                   |
| TFO XMD KID Garlic Bread                   | Y                                  | Y             |               | Y   | Y      |      |             |      |      |         |               |      |         |          |        |            |           |            |               |                                 |        |         |        |                           |       |          | Y                        | Y                   |
| TFO XMD KID Ice Cream                      |                                    |               |               |     |        |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        |         |        |                           |       |          | Y                        |                     |
| TFO XMD KID NGCI Carvery                   |                                    |               |               |     |        |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          |                          |                     |
| TFO XMD KID NGCI Roast Turkey              |                                    |               |               |     |        |      |             |      |      |         |               |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          |                          |                     |
| TFO XMD KID NGCI Tomato Soup               |                                    |               |               |     |        |      |             | Y    |      |         |               |      |         |          |        |            |           |            |               |                                 |        | Y       |        |                           |       |          | Y                        |                     |
| TFO XMD KID Roast Turkey                   | Y                                  | Y             |               |     |        |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          |                          |                     |
| TFO XMD KID Sirloin Steak 4oz              |                                    |               |               |     |        |      |             |      |      |         |               |      |         |          |        |            |           |            |               |                                 |        |         |        |                           |       |          |                          |                     |
| TFO XMD KID Tomato Soup                    | Y                                  | Y             |               |     |        |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        | Y       |        |                           |       |          | Y                        | Y                   |
| TFO XMD KID Veggie Sausages                | Y                                  | Y             |               |     |        |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          | Y                        | Y                   |
| TFO XMD KID VGN Carvery Veggie Sausages    | Y                                  | Y             |               |     |        |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        |         |        | Y                         |       |          | Y                        | Y                   |
| TFO XMD KID VGN Ice Cream                  |                                    |               |               |     |        |      |             |      |      |         |               |      |         |          |        |            |           |            |               |                                 |        |         |        |                           |       |          | Y                        | Y                   |
| TFO XMD KID VGN Tomato Soup                | Y                                  | Y             |               |     |        |      |             |      |      |         | Y             |      |         |          |        |            |           |            |               |                                 |        | Y       |        |                           |       |          | Y                        | Y                   |





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### Celebration Menu Mains

|                                |   |   |  |  |  |   |  |   |   |   |   |   |   |   |  |  |   |   |  |  |  |   |  |  |  |  |  |   |   |  |  |   |   |
|--------------------------------|---|---|--|--|--|---|--|---|---|---|---|---|---|---|--|--|---|---|--|--|--|---|--|--|--|--|--|---|---|--|--|---|---|
| TFO XMC Candied Nut Roast      |   |   |  |  |  |   |  |   |   | Y | Y |   | Y | Y |  |  | Y | Y |  |  |  |   |  |  |  |  |  | Y |   |  |  | Y |   |
| TFO XMC Hunters Chicken        | Y |   |  |  |  | Y |  | Y |   |   |   | Y |   |   |  |  |   |   |  |  |  | Y |  |  |  |  |  |   |   |  |  |   |   |
| TFO XMC NGCI Candied Nut Roast |   |   |  |  |  |   |  |   |   | Y |   |   | Y | Y |  |  | Y | Y |  |  |  |   |  |  |  |  |  |   | Y |  |  | Y | Y |
| TFO XMC NGCI Roast Turkey      |   |   |  |  |  |   |  |   |   |   |   |   |   |   |  |  |   |   |  |  |  |   |  |  |  |  |  |   | Y |  |  |   |   |
| TFO XMC NGCI Sirloin Steak 8oz | Y | Y |  |  |  |   |  |   |   |   |   | Y |   |   |  |  |   |   |  |  |  |   |  |  |  |  |  |   |   |  |  |   |   |
| TFO XMC Posh Fish and Chips    | Y | Y |  |  |  | Y |  | Y | Y |   |   |   |   |   |  |  |   |   |  |  |  |   |  |  |  |  |  |   |   |  |  |   |   |
| TFO XMC Roast Turkey           | Y | Y |  |  |  |   |  | Y |   |   |   | Y |   |   |  |  |   |   |  |  |  |   |  |  |  |  |  |   | Y |  |  |   |   |
| TFO XMC Sirloin Steak 8oz      | Y | Y |  |  |  |   |  |   |   |   |   | Y |   |   |  |  |   |   |  |  |  |   |  |  |  |  |  |   |   |  |  |   |   |
| TFO XMC VGN Candied Nut Roast  |   |   |  |  |  |   |  |   |   | Y |   |   | Y | Y |  |  | Y | Y |  |  |  |   |  |  |  |  |  |   | Y |  |  | Y | Y |

### Celebration Menu Desserts

|  |   |   |  |  |   |   |  |   |  |  |   |   |   |   |  |   |  |  |  |  |  |   |  |   |   |  |  |  |   |   |   |   |   |   |
|--|---|---|--|--|---|---|--|---|--|--|---|---|---|---|--|---|--|--|--|--|--|---|--|---|---|--|--|--|---|---|---|---|---|---|
| TFO XMC Cheese and Biscuits                | Y | Y |  |  | Y | Y |  | Y |  |  | Y | Y |   |   |  |   |  |  |  |  |  | Y |  | Y | Y |  |  |  |   | Y |   |   |   |   |
| TFO XMC Chocolate and Hazelnut Roulade     | Y | Y |  |  |   |   |  | Y |  |  |   | Y | Y | Y |  | Y |  |  |  |  |  |   |  |   |   |  |  |  |   |   | Y |   |   |   |
| TFO XMC Damson Gin Orchard Pie             | Y | Y |  |  |   |   |  |   |  |  |   |   | Y |   |  |   |  |  |  |  |  |   |  |   |   |  |  |  |   | Y |   |   | Y |   |
| TFO XMC Kir Royale Inspired Cheesecake     |   |   |  |  |   |   |  |   |  |  |   | Y | Y |   |  |   |  |  |  |  |  |   |  |   |   |  |  |  | Y |   |   | Y |   |   |
| TFO XMC VGN Damson Gin Orchard Pie         | Y | Y |  |  |   |   |  |   |  |  |   |   |   |   |  |   |  |  |  |  |  |   |  |   |   |  |  |  |   | Y |   |   | Y | Y |
| TFO XMC VGN Kir Royale Inspired Cheesecake |   |   |  |  |   |   |  |   |  |  |   | Y |   |   |  |   |  |  |  |  |  |   |  |   |   |  |  |  |   | Y |   |   | Y | Y |





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## 2019 Two for One Christmas Menus

| Dish Name   | Cereals containing Gluten : |               |               |     |        |      |         | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts :   |        |            |           |            |               |                                 |   |  |  | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs | Suitable for Vegetarians | Suitable for Vegans |   |
|---|-----------------------------|---------------|---------------|-----|--------|------|---------|-------------|------|------|---------|----------|------|----------|--------|------------|-----------|------------|---------------|---------------------------------|---|--|--|--------|---------|--------|---------------------------|-------|----------|--------------------------|---------------------|---|
|   | Wheat                       | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Almonds |             |      |      |         |          |      | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut |   |  |  |        |         |        |                           |       |          |                          |                     |   |
| <b>NYE Mains</b>                                    |                             |               |               |     |        |      |         |             |      |      |         |          |      |          |        |            |           |            |               |                                 |   |  |  |        |         |        |                           |       |          |                          |                     |   |
| TFO XMN Candied Nut Roast                           |                             |               |               |     |        |      |         |             |      | Y    |         |          |      | Y        | Y      |            |           |            | Y             | Y                               |   |  |  |        |         |        |                           | Y     |          |                          | Y                   | Y |
| TFO XMN Cherry Duck                                 |                             |               |               |     |        |      |         |             |      |      |         |          |      |          |        |            |           |            |               |                                 |   |  |  |        |         |        |                           |       | Y        |                          |                     |   |
| TFO XMN NGCI Sirloin Steak 8oz                      |                             |               |               |     |        |      |         | Y           |      |      |         |          |      |          |        |            |           |            |               |                                 |   |  |  |        |         | Y      | Y                         |       | Y        |                          |                     |   |
| TFO XMN NGCI St Clements Kiln Roasted Salmon Tart   |                             |               |               |     |        |      |         |             | Y    |      |         | Y        |      |          |        |            |           |            |               |                                 |   |  |  |        | Y       |        |                           |       |          |                          |                     |   |
| TFO XMN Sirloin Steak 8oz                           | Y                           | Y             |               |     |        |      |         | Y           |      |      |         |          |      |          |        |            |           |            |               |                                 |   |  |  |        | Y       | Y      |                           | Y     |          |                          |                     |   |
| TFO XMN St Clements Kiln Roasted Salmon Tart        |                             |               |               |     |        |      |         |             | Y    |      |         | Y        |      |          |        |            |           |            |               |                                 |   |  |  |        | Y       |        |                           |       |          |                          |                     |   |
| TFO XMN VGN Candied Nut Roast                       |                             |               |               |     |        |      |         |             |      |      | Y       |          |      | Y        | Y      |            |           |            |               | Y                               | Y |  |  |        |         |        |                           | Y     |          |                          | Y                   | Y |
| <b>NYE Desserts</b>                                 |                             |               |               |     |        |      |         |             |      |      |         |          |      |          |        |            |           |            |               |                                 |   |  |  |        |         |        |                           |       |          |                          |                     |   |
| TFO XMN Belgian Chocolate and Raspberry Truffle     |                             |               |               |     |        |      |         |             |      |      |         | Y        | Y    |          |        |            |           |            |               |                                 |   |  |  |        |         |        |                           | Y     |          |                          | Y                   |   |
| TFO XMN Cheese and Biscuits                         | Y                           | Y             |               |     | Y      | Y    |         | Y           |      |      |         | Y        | Y    |          |        |            |           |            |               |                                 |   |  |  |        | Y       |        | Y                         | Y     |          |                          | Y                   |   |
| TFO XMN Kir Royale Inspired Cheesecake              |                             |               |               |     |        |      |         |             |      |      |         | Y        | Y    |          |        |            |           |            |               |                                 |   |  |  |        |         |        | Y                         |       |          |                          | Y                   |   |
| TFO XMN Nutty Sundae                                | Y                           | Y             |               |     |        |      |         |             |      |      |         | Y        | Y    | Y        |        | Y          |           |            |               |                                 |   |  |  |        |         |        |                           |       |          | Y                        |                     |   |
| TFO XMN Open Pear and Apple Tart                    | Y                           | Y             |               |     |        |      |         |             |      |      |         |          | Y    |          |        |            |           |            |               |                                 |   |  |  |        |         |        |                           |       |          | Y                        |                     |   |
| TFO XMN VGN Belgian Chocolate and Raspberry Truffle |                             |               |               |     |        |      |         |             |      |      |         | Y        |      |          |        |            |           |            |               |                                 |   |  |  |        |         |        |                           | Y     |          |                          | Y                   | Y |
| TFO XMN VGN Kir Royale Inspired Cheesecake          |                             |               |               |     |        |      |         |             |      |      |         | Y        |      |          |        |            |           |            |               |                                 |   |  |  |        |         |        |                           | Y     |          |                          | Y                   | Y |

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## 2019 Two for One Christmas Menus

| Dish Name | Cereals containing Gluten : |               |               |     |        |      |             |      |      |         | Nuts :   |      |         |          |        |            |           |            |               |                                 |        |         |        |                           |       |          |                          |
|-----------|-----------------------------|---------------|---------------|-----|--------|------|-------------|------|------|---------|----------|------|---------|----------|--------|------------|-----------|------------|---------------|---------------------------------|--------|---------|--------|---------------------------|-------|----------|--------------------------|
|           | Wheat                       | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs | Suitable for Vegetarians |

### Sides

|                                       |   |  |  |  |   |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |   |   |  |  |  |   |  |
|---------------------------------------|---|--|--|--|---|--|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|---|---|--|--|--|---|--|
| FBR XMD Cauliflower Cheese            | Y |  |  |  | Y |  |  |  |  |  | Y |  |  |  |  |  |  |  |  |  |  |  |   |   |  |  |  | Y |  |
| TFO XMD Cheesy Roast Potatoes (Fresh) |   |  |  |  |   |  |  |  |  |  | Y |  |  |  |  |  |  |  |  |  |  |  |   | Y |  |  |  | Y |  |
| TFO XMD Pigs in Blankets x 8          |   |  |  |  |   |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  | Y |   |  |  |  |   |  |
| TFO XMF Cauliflower Cheese            | Y |  |  |  | Y |  |  |  |  |  | Y |  |  |  |  |  |  |  |  |  |  |  |   |   |  |  |  | Y |  |
| TFO XMF Cheesy Roast Potatoes (Fresh) |   |  |  |  |   |  |  |  |  |  | Y |  |  |  |  |  |  |  |  |  |  |  |   | Y |  |  |  | Y |  |
| TFO XMF Pigs in Blankets x 8          |   |  |  |  |   |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  | Y |   |  |  |  |   |  |

### Sparkle

|   |   |   |  |  |   |  |   |  |   |   |   |   |   |  |  |  |  |  |  |  |   |   |   |   |  |  |  |   |  |
|---|---|---|--|--|---|--|---|--|---|---|---|---|---|--|--|--|--|--|--|--|---|---|---|---|--|--|--|---|--|
| TFO XMS Christmas Dinner Calzone        | Y | Y |  |  |   |  |   |  |   |   | Y |   |   |  |  |  |  |  |  |  |   |   | Y |   |  |  |  |   |  |
| TFO XMS Four Cheese Steak               | Y | Y |  |  |   |  |   |  |   |   | Y |   |   |  |  |  |  |  |  |  |   |   |   |   |  |  |  |   |  |
| TFO XMS Snowman Burger                  | Y | Y |  |  |   |  | Y |  |   | Y | Y |   |   |  |  |  |  |  |  |  | Y | Y | Y |   |  |  |  |   |  |
| TFO XMS Sweet Shop Sundae               | Y | Y |  |  | Y |  |   |  | Y | Y | Y | Y | Y |  |  |  |  |  |  |  |   |   | Y | Y |  |  |  |   |  |
| TFO XMS Veggie Christmas Dinner Calzone | Y | Y |  |  |   |  |   |  |   |   | Y | Y |   |  |  |  |  |  |  |  |   |   | Y |   |  |  |  | Y |  |
| TFO XMS Veggie Snowman Burger           | Y | Y |  |  | Y |  | Y |  |   |   | Y | Y |   |  |  |  |  |  |  |  | Y | Y | Y |   |  |  |  | Y |  |