

Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2019 Rotisserie Christmas Menus

Dish Name	Cereals containing Gluten :											Nuts :											Suitable for Vegetarians	Suitable for Vegans						
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard			Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs		
Festive Starters																														
ROT XMF Cheesy Garlic Mushrooms	Y	Y									Y	Y										Y					Y			
ROT XMF Ham Hock Terrine	Y	Y									Y											Y		Y				Y		
ROT XMF King Prawn Cocktail	Y	Y					Y	Y			Y											Y		Y						
ROT XMF NGCI Ham Hock Terrine								Y														Y		Y						
ROT XMF NGCI King Prawn Cocktail							Y	Y														Y		Y						
ROT XMF NGCI Spiced Butternut Squash and Spinach Soup								Y													Y							Y		
ROT XMF Spiced Butternut Squash and Spinach Soup	Y	Y									Y										Y							Y	Y	
ROT XMF VGN Spiced Butternut Squash and Spinach Soup	Y	Y									Y										Y							Y	Y	
Festive Mains																														
ROT XMF Candied Nut Roast										Y		Y	Y			Y	Y							Y				Y	Y	
ROT XMF NGCI Roast Turkey																							Y							
ROT XMF Roast Turkey	Y	Y									Y												Y							
ROT XMF Slow Cooked Beef Stew																								Y						
ROT XMF St Clements Kiln Roasted Salmon Tart									Y		Y										Y		Y							
ROT XMF VGN Candied Nut Roast										Y		Y	Y			Y	Y						Y					Y	Y	

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Festive Desserts

ROT XMF Cheese and Biscuits	Y	Y			Y	Y			Y		Y	Y									Y		Y	Y			Y		
ROT XMF Chocolate and Hazelnut Roulade	Y	Y						Y			Y	Y	Y		Y													Y	
ROT XMF Christmas Pudding	Y	Y										Y												Y				Y	
ROT XMF Damson Gin Orchard Pie	Y	Y										Y												Y				Y	
ROT XMF Raspberry and White Chocolate Meringue								Y			Y	Y																Y	
ROT XMF VGN Damson Gin Orchard Pie	Y	Y																						Y				Y	Y

Kids Festive

ROT XMF KID Beef Burger	Y	Y																											
ROT XMF KID Chocolate and Hazelnut Roulade	Y	Y						Y			Y	Y	Y		Y													Y	
ROT XMF KID Garlic Bread	Y	Y			Y	Y																						Y	Y
ROT XMF KID Ice Cream												Y																Y	
ROT XMF KID NGCI Roast Turkey																								Y					
ROT XMF KID NGCI Tomato Soup								Y														Y						Y	
ROT XMF KID Roast Turkey	Y	Y										Y												Y					
ROT XMF KID Tomato Soup	Y	Y										Y										Y						Y	Y
ROT XMF KID Veggie Sausages	Y	Y										Y												Y				Y	Y
ROT XMF KID VGN Ice Cream																												Y	Y
ROT XMF KID VGN Tomato Soup	Y	Y										Y										Y						Y	Y
ROT XMF KID VGN Veggie Burger	Y	Y				Y						Y																Y	Y
ROT XMF KID VGN Veggie Sausages	Y	Y										Y												Y				Y	Y

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U5 Festive

ROT XMF U5 Ice Cream												Y																Y		
ROT XMF U5 Roast Turkey																														
ROT XMF U5 Veggie Sausages	Y	Y										Y												Y				Y	Y	
ROT XMF U5 VGN Ice Cream																												Y	Y	
ROT XMF U5 VGN Veggie Sausages	Y	Y										Y												Y				Y	Y	

Day Starters

ROT XMD Chicken Garlic and Smoked Bacon Pate	Y	Y			Y						Y	Y												Y					
ROT XMD French Onion Soup	Y	Y										Y									Y			Y				Y	Y
ROT XMD NGCI Chicken Garlic and Smoked Bacon Pate								Y				Y											Y						
ROT XMD NGCI French Onion Soup								Y													Y			Y				Y	
ROT XMD NGCI Smoked Salmon Prosecco and Crayfish Parfait						Y	Y	Y			Y												Y						
ROT XMD Smoked Applewood and Onion Souffle								Y				Y											Y					Y	
ROT XMD Smoked Salmon Prosecco and Crayfish Parfait	Y	Y					Y	Y	Y		Y	Y											Y						
ROT XMD VGN French Onion Soup	Y	Y										Y									Y			Y				Y	Y

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Day Mains																																	
ROT XMD Cherry Duck																																	
ROT XMD Grilled Lemon Sole									Y			Y																					
ROT XMD NGCI Roast Turkey																																	
ROT XMD Roast Turkey	Y	Y										Y																					
ROT XMD Sirloin Steak 8oz	Y	Y				Y		Y														Y	Y		Y								
ROT XMD Stuffed Butternut Squash													Y		Y										Y				Y	Y			
ROT XMD VGN Stuffed Butternut Squash													Y		Y										Y				Y	Y			
Day Desserts																																	
ROT XMD Belgian Chocolate and Raspberry Truffle											Y	Y													Y				Y				
ROT XMD Beverage Accompaniment	Y	Y										Y	Y	Y		Y															Y		
ROT XMD Blackcurrant and Prosecco Cheesecake													Y	Y											Y				Y				
ROT XMD Cheese and Biscuits	Y	Y			Y	Y		Y				Y	Y									Y		Y	Y			Y					
ROT XMD Christmas Pudding	Y	Y											Y												Y				Y				
ROT XMD Pear & Apple Tart	Y	Y											Y																Y				
ROT XMD VGN Belgian Chocolate and Raspberry Truffle													Y												Y				Y	Y			
ROT XMD VGN Blackcurrant and Prosecco Cheesecake													Y												Y				Y	Y			

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U5 Day

ROT XMD U5 Ice Cream												Y																Y	
ROT XMD U5 Roast Turkey																													
ROT XMD U5 Veggie Sausages	Y	Y									Y													Y				Y	Y
ROT XMD U5 VGN Ice Cream																												Y	Y
ROT XMD U5 VGN Veggie Sausages	Y	Y									Y													Y				Y	Y

Celebration Menu Starters

ROT XMC Cheesy Garlic Mushrooms	Y	Y									Y	Y										Y					Y	
ROT XMC Ham Hock Terrine	Y	Y									Y											Y		Y				
ROT XMC King Prawn Cocktail	Y	Y					Y	Y			Y											Y		Y				
ROT XMC NGCI Ham Hock Terrine								Y														Y		Y				
ROT XMC NGCI Prawn Cocktail							Y	Y														Y		Y				
ROT XMC NGCI Tomato Soup								Y			Y											Y					Y	
ROT XMC Tomato Soup	Y	Y									Y	Y										Y					Y	
ROT XMC VGN Tomato Soup	Y	Y									Y											Y					Y	Y

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Celebration Menu Mains

ROT XMC Candied Nut Roast										Y			Y	Y			Y	Y										Y			Y	Y
ROT XMC Hunters Half Rotisserie Chicken												Y																				
ROT XMC NGCI Roast Turkey																								Y								
ROT XMC Posh Fish and Chips	Y	Y			Y			Y	Y																							
ROT XMC Roast Turkey	Y	Y										Y												Y								
ROT XMC Sirloin Steak 8oz	Y	Y										Y																				
ROT XMC VGN Candied Nut Roast										Y			Y	Y			Y	Y											Y		Y	Y

Celebration Menu Desserts

ROT XMC Blackcurrant & Prosecco Cheesecake											Y	Y												Y						Y	
ROT XMC Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y									Y		Y	Y					Y	
ROT XMC Chocolate & Hazelnut Roulade	Y	Y						Y				Y	Y	Y		Y														Y	
ROT XMC Damson Gin Orchard Pie	Y	Y											Y											Y						Y	
ROT XMC VGN Blackcurrant & Prosecco Cheesecake											Y														Y					Y	Y
ROT XMC VGN Damson Gin Pie	Y	Y																							Y					Y	Y

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Kids Celebration Menu

MSR XMC KID Soup	Y	Y									Y	Y									Y							Y	
ROT XMC KID Beef Burger	Y	Y																											
ROT XMC KID Buttermilk Chicken Goujons	Y	Y										Y									Y								
ROT XMC KID Chocolate & Hazelnut Roulade	Y	Y						Y			Y	Y	Y		Y													Y	
ROT XMC KID Fresh Fruit Cocktail																												Y	Y
ROT XMC KID Ice Cream												Y																Y	
ROT XMC KID NGCI Tomato Soup								Y													Y							Y	
ROT XMC KID Roast Turkey	Y	Y										Y												Y					
ROT XMC KID Veggie Sausages	Y	Y									Y												Y					Y	Y
ROT XMC KID VGN Garlic Bread	Y	Y			Y	Y																						Y	Y
ROT XMC KID VGN Ice Cream																												Y	Y
ROT XMC KID VGN Tomato Soup	Y	Y										Y									Y							Y	Y
ROT XMC KID VGN Veggie Burger	Y	Y				Y						Y																Y	Y
ROT XMC KID VGN Veggie Sausages	Y	Y										Y												Y				Y	Y

U5 Celebration Menu

ROT XMC U5 Buttermilk Chicken Goujons	Y	Y										Y									Y								
ROT XMC U5 Ice Cream												Y																Y	
ROT XMC U5 Veggie Sausages	Y	Y										Y											Y					Y	Y
ROT XMC U5 VGN Ice Cream																												Y	Y
ROT XMC U5 VGN Veggie Sausages	Y	Y										Y												Y				Y	Y

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	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut												
NYE Starters																																
ROT XMN Cheesy Garlic Mushrooms	Y	Y									Y	Y														Y				Y		
ROT XMN Ham Hock Terrine	Y	Y									Y																Y		Y			
ROT XMN NGCI Ham Hock Terrine								Y																		Y		Y				
ROT XMN NGCI Smoked Salmon Prosecco and Crayfish Parfait							Y	Y	Y		Y																	Y				
ROT XMN NGCI Spiced Butternut Squash and Spinach Soup								Y																	Y					Y		
ROT XMN Smoked Salmon Prosecco and Crayfish Parfait	Y	Y					Y	Y	Y		Y	Y																Y				
ROT XMN Spiced Butternut Squash and Spinach Soup	Y	Y										Y													Y					Y	Y	
ROT XMN VGN Spiced Butternut Squash and Spinach Soup	Y	Y										Y													Y					Y	Y	
NYE Mains																																
ROT XMN Candied Nut Roast										Y			Y	Y			Y	Y										Y			Y	Y
ROT XMN Cherry Duck																												Y				
ROT XMN Sirloin Steak 8oz	Y	Y						Y																	Y	Y		Y				
ROT XMN St Clements Kiln Roasted Salmon Tart									Y			Y													Y							

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NYE Desserts

ROT XMN Belgian Chocolate and Raspberry Truffle												Y	Y															Y				
ROT XMN Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y								Y		Y	Y					Y			
ROT XMN Kir Royale Inspired Cheesecake												Y	Y											Y						Y		
ROT XMN Nutty Sundae	Y	Y										Y	Y	Y		Y														Y		
ROT XMN Open Pear and Apple Tart	Y	Y										Y																		Y		
ROT XMN VGN Belgian Chocolate and Raspberry Truffle												Y												Y					Y	Y		
ROT XMN VGN Kir Royale Inspired Cheesecake												Y												Y					Y	Y		

Sides

MSR XMD Pigs in Blankets - Side																								Y								
ROT XMD Cheesy Roast Potatoes												Y																		Y		
ROT XMF Cheesy Roast Potatoes												Y																		Y		
ROT XMF Pigs in Blankets x 8																								Y								

Sparkle

ROT XMS Brie & Bacon Chicken								Y				Y										Y										
ROT XMS Four Cheese Steak	Y	Y										Y																				
ROT XMS Garlic Bread Camembert	Y	Y										Y																				
ROT XMS Snowman Burger	Y	Y						Y			Y	Y										Y	Y	Y								
ROT XMS Sweet Shop Sundae	Y	Y			Y					Y	Y	Y	Y	Y									Y	Y								
ROT XMS Veggie Snowman Burger	Y	Y			Y			Y			Y	Y										Y	Y	Y				Y				

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Breakfast with Santa

ROT XMS Breakfast Classic	Y	Y			Y	Y		Y																							
ROT XMS Breakfast Classic Vegan	Y	Y									Y													Y				Y	Y		
ROT XMS Breakfast Classic Veggie	Y	Y						Y			Y													Y				Y			
ROT XMS Breakfast Kids								Y																Y							
ROT XMS Breakfast Kids Vegan	Y	Y									Y													Y				Y	Y		
ROT XMS Breakfast Kids Veggie	Y	Y						Y			Y													Y				Y			