

Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2019 Village/Willow Christmas Menus

Dish Name	Cereals containing Gluten :											Nuts :																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans	
Festive Starters																													
VLG XMF Cheesy Garlic Mushrooms	Y	Y									Y	Y										Y						Y	
VLG XMF Ham Hock Terrine	Y	Y									Y											Y		Y					
VLG XMF King Prawn Cocktail	Y	Y					Y	Y			Y											Y		Y					
VLG XMF NGCI Ham Hock Terrine								Y														Y		Y					
VLG XMF NGCI King Prawn Cocktail							Y	Y														Y		Y					
VLG XMF NGCI Spiced Butternut Squash and Spinach Soup								Y														Y						Y	
VLG XMF Spiced Butternut Squash and Spinach Soup	Y	Y									Y											Y						Y	Y
VLG XMF VGN Spiced Butternut Squash and Spinach Soup	Y	Y									Y											Y						Y	Y

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Festive Mains

VLG XMF Candied Nut Roast										Y			Y	Y			Y	Y							Y				Y	Y
VLG XMF Carvery	Y	Y			Y			Y			Y																			
VLG XMF Carvery Candied Nut Roast	Y	Y			Y			Y		Y	Y	Y				Y	Y										Y			Y
VLG XMF Carvery Slow Cooked Beef Stew	Y				Y						Y																			
VLG XMF Carvery St Clements Kiln Roasted Salmon Tart	Y				Y				Y		Y										Y									
VLG XMF NGCI Carvery											Y																			
VLG XMF NGCI Carvery Candied Nut Roast										Y	Y	Y				Y	Y										Y			Y
VLG XMF NGCI Carvery Slow Cooked Beef Stew											Y																			
VLG XMF NGCI Carvery St Clements Kiln Roasted Salmon Tart										Y		Y									Y									
VLG XMF NGCI Roast Turkey																													Y	
VLG XMF Roast Turkey	Y	Y									Y																		Y	
VLG XMF Slow Cooked Beef Stew																														
VLG XMF St Clements Kiln Roasted Salmon Tart										Y		Y									Y									
VLG XMF VGN Candied Nut Roast										Y		Y	Y			Y	Y											Y		Y
VLG XMF VGN Carvery Candied Nut Roast										Y		Y	Y			Y	Y											Y		Y

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Festive Desserts

VLG XMF Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y									Y		Y	Y			Y		
VLG XMF Chocolate and Hazelnut Roulade	Y	Y							Y			Y	Y	Y		Y													Y	
VLG XMF Christmas Pudding	Y	Y										Y													Y				Y	
VLG XMF Damson Gin Orchard Pie	Y	Y										Y													Y				Y	
VLG XMF Raspberry and White Chocolate Meringue								Y				Y	Y																Y	
VLG XMF VGN Damson Gin Orchard Pie	Y	Y																							Y				Y	Y

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Kids Festive																											
VLG XMF KID Beef Burger	Y	Y																						Y			
VLG XMF KID Carvery	Y	Y			Y		Y				Y																
VLG XMF KID Carvery Veggie Sausages	Y	Y			Y		Y			Y	Y												Y			Y	
VLG XMF KID Chocolate and Hazelnut Roulade	Y	Y					Y			Y	Y	Y		Y													Y
VLG XMF KID Ice Cream											Y																Y
VLG XMF KID NGCI Carvery											Y																
VLG XMF KID NGCI Roast Turkey																							Y				
VLG XMF KID NGCI Tomato Soup							Y														Y					Y	
VLG XMF KID Roast Turkey	Y	Y									Y												Y				
VLG XMF KID Tomato Soup	Y	Y								Y											Y					Y	Y
VLG XMF KID Veggie Sausages	Y	Y								Y													Y			Y	Y
VLG XMF KID VGN Carvery Veggie Sausages	Y	Y								Y													Y			Y	Y
VLG XMF KID VGN Garlic Bread	Y	Y		Y	Y																					Y	Y
VLG XMF KID VGN Ice Cream																										Y	Y
VLG XMF KID VGN Tomato Soup	Y	Y								Y											Y					Y	Y
VLG XMF KID VGN Veggie Burger	Y	Y			Y					Y																Y	Y
VLG XMF KID VGN Veggie Sausages	Y	Y								Y													Y			Y	Y

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U5 Festive

VLG XMF U5 Carvery	Y	Y			Y			Y			Y																		
VLG XMF U5 Carvery Veggie Sausages	Y	Y			Y			Y		Y	Y													Y				Y	
VLG XMF U5 Ice Cream											Y																	Y	
VLG XMF U5 Turkey																													
VLG XMF U5 Veggie Sausages	Y	Y								Y														Y			Y	Y	
VLG XMF U5 VGN Carvery Veggie Sausages	Y	Y								Y														Y			Y	Y	
VLG XMF U5 VGN Ice Cream																											Y	Y	
VLG XMF U5 VGN Veggie Sausages	Y	Y								Y														Y			Y	Y	

Day Starters

VLG XMD Chicken Garlic and Smoked Bacon Pate	Y	Y			Y					Y	Y													Y				
VLG XMD NGCI Chicken Garlic and Smoked Bacon Pate								Y			Y													Y				
VLG XMD NGCI Smoked Salmon Prosecco and Crayfish Parfait							Y	Y	Y		Y													Y				
VLG XMD NGCI Spiced Butternut Squash and Spinach Soup								Y													Y						Y	
VLG XMD Smoked Applewood and Onion Souffle								Y			Y													Y			Y	
VLG XMD Smoked Salmon Prosecco and Crayfish Parfait	Y	Y					Y	Y	Y		Y	Y												Y				
VLG XMD Spiced Butternut Squash and Spinach Soup	Y	Y									Y											Y					Y	Y
VLG XMD VGN Spiced Butternut Squash and Spinach Soup	Y	Y									Y											Y					Y	Y

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Day Desserts																													
VLG XMD Belgian Chocolate and Raspberry Truffle											Y	Y												Y				Y	
VLG XMD Beverage Accompaniment	Y	Y									Y	Y	Y		Y													Y	
VLG XMD Cheese and Biscuits	Y	Y			Y	Y		Y			Y	Y									Y		Y	Y				Y	
VLG XMD Christmas Pudding	Y	Y										Y												Y				Y	
VLG XMD Kir Royale Inspired Cheesecake											Y	Y												Y				Y	
VLG XMD Open Pear and Apple Tart	Y	Y										Y																Y	
VLG XMD VGN Belgian Chocolate and Raspberry Truffle											Y													Y				Y	Y
VLG XMD VGN Kir Royale Inspired Cheesecake											Y													Y				Y	Y

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	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut										
VLG XMD KID VGN Tomato Soup	Y	Y									Y											Y						Y	Y	
VLG XMD KID VGN Veggie Sausages	Y	Y									Y																	Y	Y	

U5 Day

VLG XMD U5 Carvery	Y	Y			Y		Y				Y																		
VLG XMD U5 Carvery Veggie Sausages	Y	Y			Y		Y			Y	Y											Y					Y	Y	
VLG XMD U5 Ice Cream											Y																	Y	
VLG XMD U5 Roast Turkey																													
VLG XMD U5 Veggie Sausages	Y	Y									Y											Y					Y	Y	
VLG XMD U5 VGN Carvery Veggie Sausages	Y	Y									Y											Y					Y	Y	
VLG XMD U5 VGN Ice Cream																												Y	Y
VLG XMD U5 VGN Veggie Sausages	Y	Y									Y											Y					Y	Y	

Celebration Menu Starters

VLG XMC Cheesy Garlic Mushrooms	Y	Y									Y	Y										Y						Y	
VLG XMC Ham Hock Terrine	Y	Y									Y											Y	Y						
VLG XMC King Prawn Cocktail	Y	Y					Y	Y			Y											Y	Y						
VLG XMC NGCI Ham Hock Terrine								Y														Y	Y						
VLG XMC NGCI King Prawn Cocktail							Y	Y														Y	Y						
VLG XMC NGCI Tomato Soup								Y														Y						Y	
VLG XMC Tomato Soup	Y	Y									Y											Y						Y	Y
VLG XMC VGN Tomato Soup	Y	Y									Y											Y						Y	Y

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Celebration Menu Mains

VLG XMC Candied Nut Roast										Y			Y	Y			Y	Y										Y			Y	Y	
VLG XMC Hunters Chicken												Y																		Y			
VLG XMC NGCI Roast Turkey																														Y			
VLG XMC NGCI Sirloin Steak 8oz												Y																					
VLG XMC Posh Fish and Chips	Y	Y			Y			Y	Y																								
VLG XMC Roast Turkey	Y	Y										Y																		Y			
VLG XMC Sirloin Steak 8oz	Y	Y										Y																					
VLG XMC VGN Candied Nut Roast										Y			Y	Y			Y	Y											Y			Y	Y

Celebration Menu Desserts

VLG XMC Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y															Y		Y	Y		Y	
VLG XMC Chocolate and Hazelnut Roulade	Y	Y						Y				Y	Y	Y		Y																Y		
VLG XMC Damson Gin Orchard Pie	Y	Y											Y																	Y			Y	
VLG XMC Kir Royale Inspired Cheesecake												Y	Y																	Y			Y	
VLG XMC VGN Damson Gin Orchard Pie	Y	Y																												Y			Y	Y
VLG XMC VGN Kir Royale Inspired Cheesecake												Y																		Y			Y	Y

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NYE Starters																																
VLG XMN Cheesy Garlic Mushrooms	Y	Y									Y	Y														Y				Y		
VLG XMN Ham Hock Terrine	Y	Y									Y																Y		Y			
VLG XMN NGCI Ham Hock Terrine								Y																		Y		Y				
VLG XMN NGCI Smoked Salmon Prosecco and Crayfish Parfait							Y	Y	Y		Y																	Y				
VLG XMN NGCI Spiced Butternut Squash and Spinach Soup								Y																	Y					Y		
VLG XMN Smoked Salmon Prosecco and Crayfish Parfait	Y	Y					Y	Y	Y		Y	Y																Y				
VLG XMN Spiced Butternut Squash and Spinach Soup	Y	Y										Y												Y						Y	Y	
VLG XMN VGN Spiced Butternut Squash and Spinach Soup	Y	Y										Y												Y						Y	Y	
NYE Mains																																
VLG XMN Candied Nut Roast										Y			Y	Y			Y	Y										Y			Y	Y
VLG XMN Cherry Duck																												Y				
VLG XMN NGCI Sirloin Steak 8oz								Y																Y	Y		Y					
VLG XMN Sirloin Steak 8oz	Y	Y						Y																Y	Y		Y					
VLG XMN St Clements Kiln Roasted Salmon Tart									Y		Y													Y								
VLG XMN VGN Candied Nut Roast										Y			Y	Y			Y	Y									Y			Y	Y	

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NYE Desserts

VLG XMN Belgian Chocolate and Raspberry Truffle												Y	Y																	Y				Y	
VLG XMN Belgian Chocolate and Raspberry Truffle												Y																			Y			Y	Y
VLG XMN Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y									Y		Y	Y						Y				
VLG XMN Kir Royale Inspired Cheesecake												Y	Y												Y							Y			
VLG XMN Nutty Sundae	Y	Y										Y	Y	Y		Y																Y			
VLG XMN Open Pear and Apple Tart	Y	Y											Y																			Y			
VLG XMN VGN Kir Royale Inspired Cheesecake												Y																			Y		Y	Y	

Sides

VLG XMD Cheesy Roast Potatoes												Y																					Y	
VLG XMD Pigs in Blankets x 8																																Y		
VLG XMF Cheesy Roast Potatoes												Y																					Y	
VLG XMF Pigs in Blankets x 8																																		

Sparkle

VLG XMS Four Cheese Steak	Y	Y										Y																						
VLG XMS NGCI Four Cheese Steak												Y																						
VLG XMS Snowman Burger	Y	Y						Y			Y	Y										Y	Y	Y										
VLG XMS Sweet Shop Sundae	Y	Y			Y					Y	Y	Y	Y	Y									Y	Y										
VLG XMS Veggie Snowman Burger	Y	Y			Y			Y			Y	Y										Y	Y	Y						Y				