

-VEGAN- MENU

Although the meals on this menu are all made from vegan ingredients, we still need to know if you have an allergy or intolerance. Please speak to a member of staff before you order your food and drinks. Full allergen information is available at

ROTISSERIE.MARSTONS.CO.UK

OUR SUNDAY BEST

1 COURSE £8.95

2 COURSES £11.45

3 COURSES £13.95

STARTERS

TODAY'S SOUP (VE)

With rustic bread.

MAIN

PEPPERED VEGETABLE PIE (VE) 3 OF YOUR 5 A DAY

Roasted root vegetables bound in a creamy peppered mushroom sauce encased in a sage and onion pastry topped with crisp puff pastry. Served with roast potatoes, broccoli, garden peas, braised red cabbage, carrots and gravy.

PUDDINGS

APPLE PIE (VE)

Under 500 Cals

Served with Beechdean™ vegan vanilla flavour ice cream.

ICE CREAM (VE)

Under 300 Cals

Three scoops of Beechdean™ vegan vanilla flavour ice cream.

CRAFT PLATTERS

Let loose your creative side and craft your ideal collection of grazers.

1 FOR £3.45 ANY 3 FOR £8.25 5 FOR £11.75

MIXED KEFALONIA OLIVES (VE)

Zesty and delicious.

CHIP SHOP BITES (VE)*

Pea and potatoes in a crispy cider vinegar batter with mint sauce dip.

BUFFALO CAULIFLOWER WINGS (VE)* 🍴

Florets of cauliflower in a crisp BBQ coating served with a kickin' Buffalo sauce.



APPETISERS

TODAY'S SOUP (VE)

With rustic bread.

GARLIC BRUSCHETTA (VE) Under 400 Cals

Garlic ciabatta topped with a fresh tomato salsa made with vine cherry tomatoes, red onion, garlic, lime, fresh coriander and extra virgin olive oil. Dressed with sweet balsamic glaze and topped with fresh peppery rocket.

£3.25

£3.25

SALAD

AVOCADO AND VINE CHERRY TOMATOES (VE) 2 OF YOUR 5 A DAY

Under 300 Cals

With mixed leaves, red onion, vine cherry tomato, carrot spirals and a drizzle of extra virgin olive oil.

WITH YOUR CHOICE OF ANY TWO OF THE FOLLOWING

SUNSHINE COUS COUS (VE)

Under 300 Cals

GARLIC CIABATTA (VE)

Under 250 Cals

THAI SWEET CHILLI 'SLAW (VE) 🍴 1 OF YOUR 5 A DAY

Under 150 Cals

ROASTED VEGETABLES (VE) 2 OF YOUR 5 A DAY

Under 100 Cals

SHARER

BEER-BATTERED ONION RINGS (VE)* £3.45

With smoky BBQ sauce.

-VEGAN MENU-

BURGERS

Our burgers are stacked in a toasted sesame seed bun, with lettuce and sliced beef tomato. Served with chips, beer-battered onion rings and Thai sweet chilli 'slaw, unless otherwise stated.

THE CLASSIC (VE)*

A plant-based burger.

£8.45

BOLOGNA BURGER (VE)*

Plant-based burger, topped with a rich mushroom, lentil and chilli tomato ragu.

£9.95

GoXL

and double up your burger for £1.50 extra

Your burger will come with an extra plant-based burger

UPGRADE YOUR CHIPS (VE)*
to Sweet Potato Fries (Ve)*
£1.00

PUB FAVOURITES

PASTA BOLOGNESE (VE)

Non-gluten containing penne pasta with a rich mushroom, lentil and chilli tomato ragu. Served with vine cherry tomatoes, fresh peppery rocket and garlic ciabatta.

£8.45

CAMBODIAN STYLE VEGETABLE CURRY (VE)*

Under 550 Cals
Medium spiced, Cambodian style vegetable curry with baby sweetcorn, onions, aubergines, bamboo shoots, cauliflower, soya beans and garlic topped with fresh pomegranate seeds and fresh coriander. Served with basmati and wild rice.

£7.95

STREET KITCHEN

BURRITO (VE)*

A large flour tortilla filled with red peppers, butternut squash, cannellini beans, red kidney beans, black turtle beans, lentils, pearl barley, pinto beans and quinoa in a lightly spiced, smoky tomato sauce. Rolled and topped with tomato salsa and served with a side salad and chips.

3 OF YOUR 5 A DAY £7.95

BUFFALO CAULIFLOWER TACOS (VE)*

Soft flour tortillas with crispy BBQ cauliflower florets, guacamole, salsa, jalapeños and spring onion. Served with chips and corn on the cob.

2 OF YOUR 5 A DAY £8.45

PIE

If you would like to swap your side or vary your veg, just ask.

PEPPERED VEGETABLE PIE (VE)*

Roasted root vegetables bound in a creamy peppered mushroom sauce encased in a sage and onion pastry, topped with crisp puff pastry. Served with chips, garden peas, carrots, broccoli and gravy.

3 OF YOUR 5 A DAY £8.95

SIDES

CHIPS (VE)*

£1.95

SWEET POTATO FRIES (VE)*

£2.95

GARLIC CIABATTA (VE)

£2.00

BEER-BATTERED ONION RINGS (VE)*

£3.25

ROASTED VEGETABLES (VE)

2 OF YOUR 5 A DAY £2.45

HOUSE SALAD (VE)

£1.45

THAI SWEET CHILLI 'SLAW (VE)

£1.75

DESSERTS

APPLE PIE (VE)

£3.75

Sweet deep-dish Bramley apple pie, delicious hot or cold. With Beechdean™ vegan vanilla flavour ice cream.

BERRY CITRUS SUNDAE (VE)

£4.25

Beechdean™ vegan vanilla flavour ice cream, layered with mixed berries and lemon drizzle.

ICE CREAM SUNDAE (VE)

£4.25

under 300 Cals
Three scoops of Beechdean™ vegan vanilla flavour ice cream.

Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. We only state allergens if they are an ingredient of a product. We do not include 'May contain' information. Please speak to a member of staff should you have any concerns. Full allergen information is available at the bar or visit rotisserie.marstons.co.uk. Photography is for illustrative purposes only. (VE) Suitable for vegetarians and vegans or vegetarian/vegan option available. (V)* We cannot guarantee that our vegan dishes have been cooked in dedicated vegan fryers. Please ask a member of staff for more information. †Go XL Burgers includes an additional plant based burger. (<100,<150,<250,<300,<400,<500,<550 cals) Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces that may be added by the customer. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub.