

# Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

## Rotisserie DN19 Beanstore Menu

Dish Name	<b><u>Cereals containing Gluten :</u></b> Wheat Spelt (Wheat) Kamut (Wheat) Rye Barley Oats Crustaceans Eggs Fish Peanuts Soybeans Milk <b><u>Nuts :</u></b> Almonds Hazelnut Walnut Cashew nut Pecan nut Brazil nut Pistachio nut Macadamia nut or Queensland nut Celery Mustard Sesame Sulphur dioxide/sulphites Lupin Molluscs Suitable for Vegetarians Suitable for Vegans

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ROT DN Baked Camembert Sharer	Y	Y			Y	Y						Y									Y			Y					
ROT DN Beer Battered Onion Rings Sharer	Y	Y																										Y	Y
ROT DN Breaded Mushrooms	Y	Y						Y																				Y	
ROT DN Bruschetta	Y	Y			Y	Y																		Y			Y	Y	
ROT DN Bruschetta Prosciutto	Y	Y			Y	Y																	Y						
ROT DN Cheesy Garlic Ciabatta Starter	Y	Y			Y	Y						Y																Y	
ROT DN Cheesy Nachos												Y																Y	
ROT DN Cheesy Nachos Sharer												Y																Y	
ROT DN Crispy Potato Skins Cheese and Bacon												Y																	
ROT DN Garlic Ciabatta Starter	Y	Y			Y	Y																					Y	Y	
ROT DN King Prawn Cocktail	Y	Y				Y		Y	Y			Y											Y		Y				
ROT DN NGCI Crispy Potato Skins Cheese and Bacon												Y																	
ROT DN NGCI King Prawn Cocktail								Y	Y			Y											Y		Y				
ROT DN NGCI Rotisserie Chicken Wings Sharer x16																													
ROT DN NGCI Rotisserie Chicken Wings Sharer x8																													
ROT DN NGCI Todays Soup								Y				Y										Y						Y	
ROT DN Ploughmans Lunch	Y	Y				Y		Y				Y											Y		Y				
ROT DN Ploughmans Lunch Sharer	Y	Y				Y		Y				Y											Y		Y				

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ROT DN Roasted Beetroot Tarte Tatin	Y	Y									Y	Y												Y			Y	
ROT DN Rotisserie Chicken Wings Sharer x16																												
ROT DN Rotisserie Chicken Wings Sharer x8																												
ROT DN Todays Soup	Y	Y			Y						Y	Y									Y		Y				Y	
ROT DN Todays Soup Vegan	Y	Y			Y						Y										Y		Y				Y	Y
ROT DN VGN Roasted Beetroot Tarte Tatin	Y	Y									Y													Y			Y	Y





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### Snacks - Jackets

ROT DN Jacket Baked Beans								Y			Y											Y						Y	
ROT DN Jacket Baked Beans Vegan																												Y	Y
ROT DN Jacket Cheese and Baked Beans								Y			Y											Y						Y	
ROT DN Jacket Wiltshire Ham & Cheddar								Y			Y											Y							
ROT DN NGCI Jacket Baked Beans								Y			Y											Y						Y	
ROT DN NGCI Jacket Baked Beans Vegan																												Y	Y
ROT DN NGCI Jacket Cheese and Baked Beans								Y			Y											Y						Y	
ROT DN NGCI Jacket Wiltshire Ham & Cheddar								Y			Y											Y							

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ROT DN Beef & Ale Pie	Y	Y			Y			Y			Y														Y					
ROT DN Beef & Pedigree Ale Lasagne	Y	Y		Y	Y			Y			Y																			
ROT DN Beef & Pedigree Ale Lasagne <550	Y	Y			Y			Y			Y																			
ROT DN Beef Casserole	Y				Y						Y																			
ROT DN Beer Battered Fish and Chips	Y	Y			Y			Y	Y																					
ROT DN Bolognese Pasta	Y	Y		Y	Y																Y							Y	Y	
ROT DN Breaded Scampi	Y	Y					Y	Y																						
ROT DN Burrito	Y	Y			Y						Y													Y				Y		
ROT DN Burrito Chicken	Y	Y			Y						Y													Y						
ROT DN Burrito Halloumi	Y	Y			Y						Y													Y				Y		
ROT DN Burrito Vegan	Y	Y			Y																			Y				Y	Y	
ROT DN Cambodian Veg Curry											Y	Y												Y				Y		
ROT DN Cambodian Veg Curry W/ Chicken											Y	Y												Y						
ROT DN Cod and Crispy Bacon Rarebit									Y		Y																			
ROT DN Curry Rotisserie Chicken Tikka Masala	Y	Y									Y											Y	Y							
ROT DN Minted Lamb Shank	Y	Y																												
ROT DN NGCI Bolognese Pasta																						Y						Y	Y	
ROT DN NGCI Cambodian Veg Curry											Y	Y												Y				Y		

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Dish Name	<b>Cereals containing Gluten :</b>										<b>Nuts :</b>													Suitable for Vegetarians	Suitable for Vegans				
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame			Sulphur dioxide/sulphites	Lupin	Molluscs	
ROT DN NGCI Cambodian Veg Curry W/ Chicken											Y	Y													Y				
ROT DN NGCI Cod and Crispy Bacon Rarebit								Y				Y																	
ROT DN NGCI Curry Rotisserie Chicken Tikka Masala												Y									Y	Y							
ROT DN NGCI Rotisserie Chicken Smoked Applewood Mash												Y												Y					
ROT DN NGCI Wiltshire Ham and Eggs								Y																Y					
ROT DN Peppered Vegetable Pie	Y	Y									Y	Y												Y				Y	
ROT DN Rotisserie Chicken Smoked Applewood Mash												Y												Y					
ROT DN Tacos Rotisserie Chicken	Y	Y										Y																	
ROT DN VGN Cambodian Veg Curry												Y												Y			Y	Y	
ROT DN VGN NGCI Cambodian Veg Curry												Y												Y			Y	Y	
ROT DN VGN Peppered Vegetable Pie	Y	Y										Y												Y			Y	Y	
ROT DN VGN Tacos BBQ Cauliflower	Y	Y			Y																						Y	Y	
ROT DN Wiltshire Ham and Eggs								Y																Y					











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Dish Name	Cereals containing Gluten :						Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts :						Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut								
ROT DN Sticky BBQ Baby Back Ribs 16oz Whole Rack	Y	Y			Y			Y				Y								Y	Y					
ROT DN Sticky BBQ Baby Back Ribs 8oz Half Rack	Y	Y			Y			Y				Y								Y	Y					

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ROT DN Burger Bacon & Cheddar Cheese	Y	Y						Y			Y	Y										Y	Y					
ROT DN Burger Bacon & Cheddar Cheese XL	Y	Y						Y			Y	Y										Y	Y					
ROT DN Burger Bologna	Y	Y			Y						Y										Y		Y				Y	Y
ROT DN Burger Bologna XL	Y	Y			Y						Y										Y		Y				Y	Y
ROT DN Burger Buttermilk Chicken	Y	Y						Y			Y	Y									Y	Y	Y					
ROT DN Burger Buttermilk Chicken XL	Y	Y						Y			Y	Y									Y	Y	Y					
ROT DN Burger Chicken Fajita	Y	Y						Y			Y											Y	Y					
ROT DN Burger Chicken Fajita XL	Y	Y						Y			Y											Y	Y					
ROT DN Burger Classic Beef	Y	Y						Y			Y											Y	Y					
ROT DN Burger Classic Beef XL	Y	Y						Y			Y											Y	Y					
ROT DN Burger Classic Chicken	Y	Y						Y			Y	Y									Y	Y	Y					
ROT DN Burger Classic Chicken XL	Y	Y						Y			Y	Y									Y	Y	Y					
ROT DN Burger Classic Plant Based	Y	Y			Y			Y			Y											Y	Y				Y	
ROT DN Burger Classic Plant Based VGN	Y	Y			Y						Y												Y				Y	Y
ROT DN Burger Classic Plant Based VGN XL	Y	Y			Y						Y												Y				Y	Y
ROT DN Burger Classic Plant Based XL	Y	Y			Y			Y			Y											Y	Y				Y	
ROT DN Burger Classic Rotisserie Chicken	Y	Y						Y			Y											Y	Y					
ROT DN Burger Classic Rotisserie Chicken XL	Y	Y						Y			Y											Y	Y					

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ROT DN Burger Halloumi & Red Pepper	Y	Y						Y			Y	Y										Y	Y				Y	
ROT DN Burger Halloumi & Red Pepper XL	Y	Y						Y			Y	Y										Y	Y				Y	
ROT DN Burger Lamb & Mint	Y	Y						Y			Y											Y	Y	Y				
ROT DN Burger Lamb & Mint XL	Y	Y						Y			Y											Y	Y	Y				
ROT DN Burger Two Way Chicken	Y	Y						Y			Y	Y									Y	Y	Y	Y				
ROT DN Burger Two Way Chicken XL	Y	Y						Y			Y	Y									Y	Y	Y	Y				

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ROT DN NGCI Sunday Beef								Y														Y	Y					
ROT DN NGCI Sunday Beef Kids								Y														Y	Y					
ROT DN NGCI Sunday Chicken																								Y				
ROT DN NGCI Sunday Chicken Kids																								Y				
ROT DN NGCI Sunday Mixed Roast								Y														Y	Y					
ROT DN NGCI Sunday Pork																								Y				
ROT DN NGCI Sunday Pork Kids																								Y				
ROT DN Sunday Beef	Y	Y						Y			Y											Y	Y					
ROT DN Sunday Beef Kids	Y	Y						Y			Y											Y	Y					
ROT DN Sunday Beef Large	Y	Y						Y			Y											Y	Y					
ROT DN Sunday Chicken	Y	Y						Y			Y													Y				
ROT DN Sunday Chicken Kids	Y	Y						Y			Y													Y				
ROT DN Sunday Chicken Large	Y	Y						Y			Y													Y				
ROT DN Sunday Lamb Shank	Y	Y						Y			Y													Y				
ROT DN Sunday Mixed Roast	Y	Y						Y			Y											Y	Y					
ROT DN Sunday Pork	Y	Y						Y			Y													Y				
ROT DN Sunday Pork Kids	Y	Y						Y			Y													Y				
ROT DN Sunday Pork Large	Y	Y						Y			Y													Y				



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ROT DN Sunday Veggie Roast	Y	Y						Y			Y	Y												Y			Y	
ROT DN Sunday Veggie Roast Kids	Y	Y						Y			Y	Y												Y			Y	
ROT DN VGN Sunday Veggie Roast	Y	Y									Y													Y			Y	Y
ROT DN VGN Sunday Veggie Roast Kids	Y	Y									Y													Y			Y	Y



























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Curry Supper Club																												
ROT DN Cambodian Veg Curry											Y	Y												Y			Y	
ROT DN Cambodian Veg Curry W/ Chicken											Y	Y												Y				
ROT DN Curry Beef Madras	Y	Y										Y										Y						
ROT DN Curry Rotisserie Chicken Bhuna	Y	Y										Y																
ROT DN Curry Rotisserie Chicken Jalfrezi	Y	Y										Y										Y						
ROT DN Curry Rotisserie Chicken Tikka Masala	Y	Y										Y									Y	Y						
ROT DN Curry Vegetable Jalfrezi	Y	Y										Y										Y					Y	
ROT DN NGCI Cambodian Veg Curry											Y	Y												Y			Y	
ROT DN NGCI Cambodian Veg Curry W/ Chicken											Y	Y												Y				
ROT DN NGCI Curry Beef Madras												Y										Y						
ROT DN NGCI Curry Rotisserie Chicken Bhuna																							Y					
ROT DN NGCI Curry Rotisserie Chicken Jalfrezi																							Y					
ROT DN NGCI Curry Rotisserie Chicken Tikka Masala												Y										Y	Y					
ROT DN NGCI Curry Vegetable Jalfrezi																							Y				Y	
ROT DN VGN Cambodian Veg Curry											Y													Y			Y	Y
ROT DN VGN NGCI Cambodian Veg Curry											Y													Y			Y	Y







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### Signature - Sunday Lunch

ROT DN NGCI Sunday Roast Beef								Y			Y											Y							
ROT DN NGCI Sunday Roast Beef Child											Y																		
ROT DN NGCI Sunday Roast Chicken											Y																		
ROT DN NGCI Sunday Roast Chicken Child											Y																		
ROT DN NGCI Sunday Roast Lamb											Y																		
ROT DN NGCI Sunday Roast Lamb Child											Y																		
ROT DN NGCI Sunday Roast Pork & Beef								Y			Y											Y							
ROT DN NGCI Sunday Roast Pork Leg											Y																		
ROT DN NGCI Sunday Roast Pork Leg Child											Y																		
ROT DN Sunday Mushroom Parsnip & Hazelnut Tart	Y	Y			Y		Y				Y	Y	Y														Y		
ROT DN Sunday Roast Beef	Y	Y					Y				Y											Y							
ROT DN Sunday Roast Beef Child	Y	Y					Y				Y																		
ROT DN Sunday Roast Chicken	Y	Y					Y				Y												Y						
ROT DN Sunday Roast Chicken Child	Y	Y					Y				Y												Y						
ROT DN Sunday Roast Lamb	Y	Y					Y				Y																		
ROT DN Sunday Roast Lamb Child	Y	Y					Y				Y																		
ROT DN Sunday Roast Pork & Beef	Y	Y			Y		Y				Y											Y	Y						
ROT DN Sunday Roast Pork Leg	Y	Y			Y		Y				Y												Y						







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### Starters/Sharers

ROT DN Bantry Bay Mussels	Y	Y			Y	Y						Y														Y		Y			
ROT DN NGCI Bantry Bay Mussels								Y				Y															Y		Y		
ROT DN SB Rip n Dip Stilton & Garlic	Y	Y										Y																	Y		
ROT DN SB Rip n Dip Tomato Garlic & Rosemary	Y	Y										Y														Y			Y		
ROT DN SB Scotch Egg	Y	Y			Y	Y	Y	Y				Y														Y					

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ROT DN Beef & Malbec Pie	Y	Y			Y			Y			Y	Y													Y			
ROT DN Carbonara Chicken Pasta	Y	Y		Y	Y			Y				Y										Y						
ROT DN Chicken Leek & Cider Pie	Y	Y						Y				Y												Y				
ROT DN Moroccan Spiced Aubergine & Chicken Stew	Y	Y																						Y				
ROT DN Moroccan Spiced Aubergine Stew	Y	Y																						Y			Y	Y
ROT DN SB Bantry Bay Mussels	Y	Y		Y	Y							Y												Y		Y		
ROT DN SB Bourbon Peppercorn Steak	Y	Y										Y									Y							
ROT DN SB Chicken & BBQ Baby Back Ribs	Y	Y			Y			Y				Y									Y	Y						
ROT DN SB Chilli con Carne	Y	Y		Y	Y						Y																	
ROT DN SB Cowboy Steak	Y	Y						Y				Y																
ROT DN SB Croque Monsieur Sandwich	Y	Y			Y							Y																
ROT DN SB Curried Sword Fish	Y				Y				Y			Y										Y						
ROT DN SB Grilled Lemon Sole									Y			Y																
ROT DN SB Korean Cauliflower Veggie Noodles	Y	Y			Y			Y			Y											Y		Y			Y	
ROT DN SB Korean Chicken Noodles	Y	Y						Y			Y											Y		Y				
ROT DN SB Korean Pork Noodles	Y	Y						Y			Y											Y		Y				
ROT DN SB NGCI Bantry Bay Mussels								Y				Y												Y		Y		
ROT DN SB NGCI Bourbon Peppercorn Steak												Y									Y							









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Dish Name	<b><u>Cereals containing Gluten :</u></b>										<b><u>Nuts :</u></b>																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
ROT DN Sunday Roast Pork Leg Child	Y	Y			Y			Y				Y												Y				