

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

Carvery Breakfast MAy 2019

| Dish Name | Cereals containing Gluten : | | | | | | | | | | Nuts : | | | | | | | | | | | Suitable for Vegetarians | Suitable for Vegans | | | | | | | |
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| Breakfasts | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Breakfast Classic | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | | | Y | | | | |
| CRV LN Breakfast Classic Veggie | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | | | | | Y | | |
| CRV LN Breakfast Full Monty | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | | Y | | | | | |
| Extras | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Bacon | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Breakfast Baked Beans | | | | | | | | | | | | | | | | | | | | | | | | | | | | Y | Y | |
| CRV LN Breakfast Black Pudding | Y | Y | | | Y | Y | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Breakfast Grilled Mushroom | | | | | | | | | | | | | | | | | | | | | | | | | | | | Y | Y | |
| CRV LN Breakfast Grilled Tomato | | | | | | | | | | | | | | | | | | | | | | | | | | | | Y | Y | |
| CRV LN Breakfast Hash Browns | | | | | | | | | | | | | | | | | | | | | | | | | | | Y | Y | | |
| CRV LN Breakfast Sausage | | | | | | | | | | | | | | | | | | | | | | | | | Y | | | | | |
| CRV LN Breakfast Veggie Sausage | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | | | | | Y | | |
| CRV LN Fried Egg | | | | | | | | Y | | | | | | | | | | | | | | | | | | | | Y | | |

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Breakfast in Bread

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|--|--|---|--|--|---|--|---|---|--|--|--|--|--|--|--|--|--|--|--|---|---|--|--|---|---|--|
| CRV LN Breakfast Bacon Sandwich | Y | Y | | | Y | | | | | | Y | | | | | | | | | | | | | | | | | | |
| CRV LN Breakfast Beans on Toast | Y | Y | | | Y | | | | | | Y | | | | | | | | | | | | | | | | | Y | |
| CRV LN Breakfast Egg Sandwich | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | | | | | | | Y | |
| CRV LN Breakfast Eggs on Toast | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | | | | | | | Y | |
| CRV LN Breakfast Sausage Sandwich | Y | Y | | | Y | | | | | | Y | | | | | | | | | | | | Y | | | | | | |
| CRV LN Breakfast Stack | Y | Y | | | | | | Y | | Y | | | | | | | | | | | | | Y | | | | | | |
| CRV LN Breakfast Toast & Jam | Y | Y | | | Y | | | | | | Y | | | | | | | | | | | | Y | | | | Y | | |
| CRV LN Breakfast Veggie Sausage Sandwich | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | | | | | | Y | | |
| CRV LN Breakfast Wrap | Y | Y | | | | | | Y | | | | | | | | | | | | | | | | Y | | | | | |

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| CRV LN Bacon and Cheese | | | | | | | | | | | Y | | | | | | | | | | | | | | | | | |
| CRV LN Brie Burger | Y | Y | | | | | | Y | | Y | Y | | | | | | | | | | | Y | | Y | | | | |
| CRV LN Brie Burger XL | Y | Y | | | | | | Y | | Y | Y | | | | | | | | | | | Y | | Y | | | | |
| CRV LN Burger Beef 6oz | | | | | | | | | | | | | | | | | | | | | | | | Y | | | | |
| CRV LN Buttermilk Chicken Goujons x 2 | Y | Y | | | | | | | | | Y | | | | | | | | | | Y | | | | | | | |
| CRV LN Classic Burger Beef | Y | Y | | | | | | Y | | Y | | | | | | | | | | | | Y | | Y | | | | |
| CRV LN Classic Burger Beef XL | Y | Y | | | | | | Y | | Y | | | | | | | | | | | | Y | | Y | | | | |
| CRV LN Classic Burger Chicken | Y | Y | | | | | | Y | | Y | Y | | | | | | | | | | Y | Y | | | | | | |
| CRV LN Classic Burger Chicken XL | Y | Y | | | | | | Y | | Y | Y | | | | | | | | | | Y | Y | | | | | | |
| CRV LN Crispy Buffalo Burger | Y | Y | | | | | | Y | | Y | Y | | | | | | | | | | Y | Y | | | | | | |
| CRV LN Crispy Buffalo Burger XL | Y | Y | | | | | | Y | | Y | Y | | | | | | | | | | Y | Y | | | | | | |
| CRV LN Extra B12 Burger | Y | Y | | | Y | Y | | | | Y | | | | | | | | | | | | | | | | | Y | Y |
| CRV LN Sauteed Flat Mushrooms | | | | | | | | | | | Y | | | | | | | | | | | | | | | | Y | |
| CRV LN Tacos with Carvery Meat | Y | Y | | | | | | Y | | | Y | | | | | | | | | | | Y | | | | | | |
| CRV LN Tacos with Cauliflower | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | | | | | Y | |
| CRV LN VGN Moving Mountains B12 Burger | Y | Y | | | Y | Y | | | | Y | | | | | | | | | | | | Y | | Y | | | Y | Y |
| CRV LN VGN Moving Mountains B12 Burger XL | Y | Y | | | Y | Y | | | | Y | | | | | | | | | | | | Y | | Y | | | Y | Y |
| CRV LN Yee-Ha Burger | Y | Y | | | Y | | | Y | | Y | Y | | | | | | | | | | Y | Y | | Y | | | | |
| CRV LN Yee-Ha Burger XL | Y | Y | | | Y | | | Y | | Y | Y | | | | | | | | | | Y | Y | | Y | | | | |

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| CRV LN Yorkie Pud Wrap | Y | Y | | | | | | Y | | | Y | | | | | | | | | | | | | Y | | | | |
| CRV LN Yorkie Pud Wrap Veggie | Y | Y | | | | | | Y | | | Y | | | | | | | | | | | | | Y | | | Y | |

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Pub Classics

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|--|--|---|--|---|---|---|--|---|---|---|--|---|--|--|--|--|--|---|---|---|---|---|--|---|---|---|--|--|--|
| CRV LN Bearnaise Salmon | Y | Y | | | Y | | | Y | Y | | | Y | | | | | | | | | | | | | | | | | | | | |
| CRV LN Beef and Pedigree Ale Pie | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | | Y | | | | | | | |
| CRV LN Beef Lasagne | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | Y | | | | | | | | | | | |
| CRV LN Beef Lasagne Salad | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | Y | | | | | | | | | | | |
| CRV LN Beer Battered Fish and Chips | Y | Y | | | Y | | | Y | Y | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Breaded Scampi and Chips | Y | Y | | | | | Y | Y | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Button Mushroom Bourguignon Pie | Y | Y | | | | | | | | | Y | | | | | | | | | | | | | Y | | | | Y | Y | | | |
| CRV LN Chicken Gammon and Mustard Pie | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | Y | Y | Y | | | | | | | | |
| CRV LN Chicken Tikka Masala | Y | Y | | | | | | | | | | Y | | | | | | | | | Y | Y | | | | | | | | | | |
| CRV LN Ham Egg and Chips | | | | | | | | Y | | | | | | | | | | | | | | | | Y | | | | | | | | |
| CRV LN Homemade Quorn Toad in the hole | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | | | | | Y | | | | |
| CRV LN Homemade Toad in the Hole | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | Y | | | | | | | | |
| CRV LN NGCI Bearnaise Salmon | | | | | | | | Y | Y | | | Y | | | | | | | | | | | | Y | | | | | | | | |
| CRV LN NGCI Chicken Tikka Masala | | | | | | | | | | | | Y | | | | | | | | | Y | Y | | | | | | | | | | |
| CRV LN NGCI Ham Egg and Chips | | | | | | | | Y | | | | | | | | | | | | | | | | Y | | | | | | | | |
| CRV LN Veg Lasagne | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | Y | Y | | Y | | | | | |
| CRV LN Veg Lasagne Salad | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | | | Y | Y | | Y | | | | | |
| CRV LN VGN Aubergine Bake | Y | Y | | | | | | | | | Y | | Y | | Y | | | | | | Y | | | Y | | | Y | Y | | | | |
| CRV LN VGN Button Mushroom Bourguignon Pie | Y | Y | | | | | | | | | Y | | | | | | | | | | | | | Y | | | Y | Y | | | | |

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Jackets

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|--|--|--|---|--|--|---|--|--|---|--|--|--|--|--|--|--|--|--|---|---|--|--|--|--|--|---|---|--|
| CRV LN Jacket Cheese and Beans | | | | | | | | Y | | | Y | | | | | | | | | | | Y | | | | | | Y | | |
| CRV LN Jacket Potato | | | | | | | | | | | Y | | | | | | | | | | | | | | | | | | Y | |
| CRV LN Jacket Pulled Pork and Beef Chilli | Y | | | | Y | | | Y | | | Y | | | | | | | | | | Y | Y | | | | | | | | |
| CRV LN NGCI Jacket Cheese and Beans | | | | | | | | Y | | | Y | | | | | | | | | | | Y | | | | | | | Y | |

Grills

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------------------|---|---|--|--|---|---|--|---|--|--|---|--|--|--|--|--|--|--|--|--|--|---|---|---|--|--|--|--|--|
| CRV LN Gammon Steak 10oz | | | | | | | | Y | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Mixed Grill 20oz | Y | Y | | | Y | Y | | Y | | | Y | | | | | | | | | | | | | Y | | | | | |
| CRV LN NGCI Gammon Steak 10oz | | | | | | | | Y | | | | | | | | | | | | | | | | | | | | | |
| CRV LN NGCI Rump Steak 8oz | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN NGCI Sirloin Steak 8oz | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Pork and Black Pudding | Y | Y | | | Y | Y | | | | | Y | | | | | | | | | | | Y | | | | | | | |
| CRV LN Rump Steak 8oz | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Sirloin Steak 8oz | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN Sticky BBQ Baby Back Ribs | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | | | |

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Giant Desserts

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|--|--|--|--|--|---|--|--|---|---|--|--|--|--|--|--|--|--|--|--|--|---|--|--|--|---|--|
| CRV LN Giant Blueberry Muffin and Pink Lemonade Cake | Y | Y | | | | | | Y | | | Y | Y | | | | | | | | | | | | | | | | Y | |
| CRV LN Giant Carrot Cake | | | | | | | | Y | | | | Y | | | | | | | | | | | | Y | | | | Y | |
| CRV LN Giant Chocolate Eclair Cake | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | | | | | | | Y | |
| CRV LN Giant Flaky Chocolate Cheesecake | Y | Y | | | | | | | | | Y | Y | | | | | | | | | | | | | | | | | |
| CRV LN Giant Red Velvet Cheesecake | Y | Y | | | | | | Y | | | Y | Y | | | | | | | | | | | | | | | | Y | |
| CRV LN Giant Somewhere Over The Rainbow Cake | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | | | | | | | Y | |
| CRV LN NGCI Giant Carrot Cake | | | | | | | | Y | | | | Y | | | | | | | | | | | | Y | | | | Y | |

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| CRV LN Broccoli and Cheddar Wellington | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | | | | | Y | |
| CRV LN Carvery Large | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | | |
| CRV LN Carvery Meatless Large | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | Y | |
| CRV LN Carvery Meatless Medium | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | Y | |
| CRV LN Carvery Meatless Small | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | Y | |
| CRV LN Carvery Medium | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | | |
| CRV LN Carvery Small | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | | |
| CRV LN Carvery Veg Large | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | Y | Y | | | | Y | |
| CRV LN Carvery Veg Medium | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | Y | Y | | | | Y | |
| CRV LN Carvery Veg Small | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | Y | Y | | | | Y | |
| CRV LN KID Carvery | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | | |
| CRV LN KID Carvery Veg | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | Y | |

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Sunday Carvery

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|---|---|--|--|---|--|--|---|--|--|---|--|--|--|--|--|--|--|--|--|---|---|---|--|--|--|---|--|
| CRV LN KID Sunday Carvery | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | | |
| CRV LN KID Sunday Veg Carvery | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | Y | |
| CRV LN Sunday Carvery Large | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | | |
| CRV LN Sunday Carvery Meatless Large | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | Y | |
| CRV LN Sunday Carvery Meatless Medium | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | Y | |
| CRV LN Sunday Carvery Meatless Small | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | Y | |
| CRV LN Sunday Carvery Medium | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | | |
| CRV LN Sunday Carvery Small | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | | Y | Y | | | | | |
| CRV LN Sunday Carvery Veg | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | Y | Y | Y | | | | Y | |
| CRV LN Sunday Carvery Veg Large | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | Y | Y | Y | | | | Y | |
| CRV LN Sunday Carvery Veg Small | Y | Y | | | Y | | | Y | | | Y | | | | | | | | | | Y | Y | Y | | | | Y | |

Chickenisation

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------|--|--|--|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|---|--|--|--|--|--|--|
| CRV LN Half Roast Chicken | | | | | | | | Y | | | | | | | | | | | | | | Y | | | | | | |
| CRV LN NGCI Half Roast Chicken | | | | | | | | Y | | | | | | | | | | | | | | Y | | | | | | |
| CRV LN NGCI Whole Roast Chicken | | | | | | | | Y | | | | | | | | | | | | | | Y | | | | | | |
| CRV LN Whole Roast Chicken | | | | | | | | Y | | | | | | | | | | | | | | Y | | | | | | |

family bundle

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------------------|---|---|--|--|--|--|--|--|--|--|---|---|--|--|--|--|--|--|--|--|---|--|--|--|--|--|--|--|
| CRV LN Family Chicken Sharer | Y | Y | | | | | | | | | Y | Y | | | | | | | | | Y | | | | | | | |
|------------------------------|---|---|--|--|--|--|--|--|--|--|---|---|--|--|--|--|--|--|--|--|---|--|--|--|--|--|--|--|

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

Carvery LN 2019

| Dish Name | Cereals containing Gluten : | | | | | | | | | | Nuts : | | | | | | | | | | Suitable for Vegetarians | Suitable for Vegans | | | | | | |
|--|------------------------------------|---------------|---------------|-----|--------|------|-------------|------|------|---------|---------------|------|---------|----------|--------|------------|-----------|------------|---------------|---------------------------------|--------------------------|---------------------|--------|---------|--------|---------------------------|-------|----------|
| | Wheat | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | | | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs |
| Big Kids Starter | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN KID Breaded Mushroom Poppers | Y | Y | | | Y | | Y | | | | | | | | | | | | | | | | | | | | Y | |
| CRV LN KID Garlic Bread | Y | Y | | | | | | | | | | | | | | | | | | | | | | | | | Y | Y |
| CRV LN KID Salad Sticks Starter | | | | | | | Y | | | | | | | | | | | | | | | Y | | | | | Y | |
| CRV LN KID Yorkie Strips | Y | Y | | | | | Y | | | | Y | | | | | | | | | | | | | | | | Y | |
| Big kid main | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN KID Carvery | Y | Y | | | Y | | Y | | | | Y | | | | | | | | | | | Y | Y | | | | | |
| CRV LN KID Carvery Veg | Y | Y | | | Y | | Y | | | | Y | | | | | | | | | | | Y | Y | | | | Y | |
| CRV LN KID Creamy Pasta Shells | Y | Y | | | | | | | | | Y | | | | | | | | | | Y | | | | | | Y | |
| CRV LN KID Fisherman's Burger | Y | Y | | | | | | Y | | Y | | | | | | | | | | | | | Y | | | | | |
| CRV LN KID Gammon Steak 5oz | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CRV LN KID Homemade Toad in the Hole | Y | Y | | | | | Y | | | | Y | | | | | | | | | | | | | Y | | | | |
| CRV LN KID Pizza Pie | Y | Y | | | | | | | | | Y | | | | | | | | | | | | | | | | Y | |
| CRV LN KID Tortilla Factory Buttermilk Chicken | Y | Y | | | Y | | | | | | Y | | | | | | | | | | Y | | | | | | | |
| CRV LN KID Tortilla Factory Chicken Breast | Y | Y | | | Y | | | | | | Y | | | | | | | | | | | | | | | | | |
| CRV LN KID Tortilla Factory Vegetable | Y | Y | | | Y | | | | | | Y | | | | | | | | | | | | | | | | Y | |
| CRV LN KID Vegetable Lasagne | Y | Y | | | | | | | | Y | Y | | | | | | | | | | Y | Y | | | | | Y | |
| CRV LN KID VGN Tortilla Factory | Y | Y | | | Y | | | | | | | | | | | | | | | | | | | | | | Y | Y |
| CRV LN KID VGN Vegetable Lasagne | Y | Y | | | | | | | | Y | | | | | | | | | | | Y | Y | | | | | Y | Y |

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Carvery LN 2019

| Dish Name | Cereals containing Gluten : | | | | | | | | | | Nuts : | | | | | | | | | | | | | | | | |
|-----------|------------------------------------|---------------|---------------|-----|--------|------|-------------|------|------|---------|---------------|------|---------|----------|--------|------------|-----------|------------|---------------|---------------------------------|--------|---------|--------|---------------------------|-------|----------|--------------------------|
| | Wheat | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs | Suitable for Vegetarians |

Burger and wrap night

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|--|--|---|---|--|---|--|--|---|---|--|--|--|--|--|--|--|--|---|---|--|---|--|--|---|---|--|
| CRV LN Brie Burger | Y | Y | | | | | | Y | | | Y | Y | | | | | | | | | | Y | | Y | | | | | |
| CRV LN Classic Burger Beef | Y | Y | | | | | | Y | | | Y | | | | | | | | | | | Y | | Y | | | | | |
| CRV LN Classic Burger Chicken | Y | Y | | | | | | Y | | | Y | Y | | | | | | | | | Y | Y | | | | | | | |
| CRV LN Crispy Buffalo Burger | Y | Y | | | | | | Y | | | Y | Y | | | | | | | | | Y | Y | | | | | | | |
| CRV LN Tacos with Carvery Meat | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | Y | | | | | | | |
| CRV LN Tacos with Cauliflower | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | | | | | Y | |
| CRV LN VGN Moving Mountains B12 Burger | Y | Y | | | Y | Y | | | | | Y | | | | | | | | | | | Y | | Y | | | Y | Y | |
| CRV LN Yee-Ha Burger | Y | Y | | | Y | | | Y | | | Y | Y | | | | | | | | | Y | Y | | Y | | | | | |
| CRV LN Yorkie Pud Wrap | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | | | Y | | | | | |
| CRV LN Yorkie Pud Wrap Veggie | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | | | Y | | | Y | | |

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Carvery LN 2019

| Dish Name | Cereals containing Gluten : | | | | | | | | | | Nuts : | | | | | | | | | | | | | | | | |
|-----------|-----------------------------|---------------|---------------|-----|--------|------|-------------|------|------|---------|----------|------|---------|----------|--------|------------|-----------|------------|---------------|---------------------------------|--------|---------|--------|---------------------------|-------|----------|--------------------------|
| | Wheat | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs | Suitable for Vegetarians |

Taco Tuesday

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------------------------|---|---|--|--|---|--|--|---|--|--|--|---|--|--|--|--|--|--|--|--|---|---|--|---|--|--|--|---|---|
| CRV LN Tacos with BBQ Jackfruit | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | Y | | Y | | | | Y | |
| CRV LN Tacos with Buttermilk Chicken | Y | Y | | | | | | Y | | | | Y | | | | | | | | | Y | Y | | | | | | | |
| CRV LN Tacos with Carvery Meat | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | Y | | | | | | | |
| CRV LN Tacos with Cauliflower | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | | Y | | | | | | Y | |
| CRV LN Tacos with Dirty Chilli | Y | Y | | | Y | | | Y | | | | Y | | | | | | | | | Y | Y | | | | | | | |
| ZZZ MSC LN VGN Cauliflower Tacos | Y | Y | | | Y | | | | | | | | | | | | | | | | | | | | | | | Y | Y |

Till only

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------------------|--|--|--|--|--|--|--|---|---|--|--|---|--|--|--|--|--|--|--|--|--|---|--|--|--|--|--|---|--|
| CRV LN Jacket Bacon and Cheese | | | | | | | | Y | | | | Y | | | | | | | | | | Y | | | | | | | |
| CRV LN Jacket Tuna Mayonnaise | | | | | | | | Y | Y | | | Y | | | | | | | | | | Y | | | | | | | |
| CRV LN NGCI Jacket Bacon and Cheese | | | | | | | | Y | | | | Y | | | | | | | | | | Y | | | | | | | |
| CRV LN NGCI Jacket Cheese and Beans | | | | | | | | Y | | | | Y | | | | | | | | | | Y | | | | | | Y | |
| CRV LN NGCI Jacket Tuna Mayonnaise | | | | | | | | Y | Y | | | Y | | | | | | | | | | Y | | | | | | | |

