

# -VEGAN- MENU

Although the meals on this menu are all made from vegan ingredients, we still need to know if you have an allergy or intolerance. Please speak to a member of staff before you order your food and drinks. Full allergen information is available at [ROTISSERIE.MARSTONS.CO.UK](http://ROTISSERIE.MARSTONS.CO.UK)

## OUR SUNDAY BEST

### MAIN

PEPPERED VEGETABLE PIE (VE) £9.95 **3** OF YOUR 5 A DAY

Roasted root vegetables bound in a creamy peppered mushroom sauce encased in a sage and onion pastry topped with crisp puff pastry. Served with roast potatoes, broccoli, garden peas, braised red cabbage, carrots and gravy.

## CRAFT PLATTERS

Let loose your creative side and craft your ideal collection of grazers.

ANY 3 FOR £8.95 5 FOR £13.45

### MIXED KEFALONIA OLIVES (VE)

Pitted and coated in a herb oil.

### BUFFALO CAULIFLOWER WINGS (VE)\*

Florets of cauliflower in a crisp BBQ coating served with a kickin' Buffalo sauce.

### CHIP SHOP BITES (VE)\*

Pea and potatoes in a crispy cider vinegar batter with mint sauce dip.

## APPETISERS

### TODAY'S SOUP (VE)

With rustic bread.

### GARLIC BRUSCHETTA (VE) Under 400 Cals

Garlic ciabatta topped with a fresh tomato salsa made with vine cherry tomatoes, red onion, garlic, lime, fresh coriander and extra virgin olive oil. Dressed with sweet balsamic glaze and topped with fresh peppery rocket.

£3.75

£3.75

## SHARER

### BEER-BATTERED ONION RINGS (VE)\*

With smoky BBQ sauce.

£3.25

## SALAD

### MEDITERRANEAN SALAD (VE)

Mixed leaves, red onion, vine cherry tomato, carrot spirals and a drizzle of extra virgin olive oil topped with roasted vegetables and mixed Kefalonias olives in a herb oil.

£8.95

ADD  
BBQ CAULIFLOWER  
WINGS (VE)\*

£2.00

# - VEGAN MENU -

## BURGERS

Our burgers are stacked in a toasted sesame seed bun, with lettuce and sliced beef tomato. Served with chips, beer-battered onion rings and Thai sweet chilli 'slaw.

### THE CLASSIC VEGAN (VE)\* £8.95

A plant-based burger.

**UPGRADE** YOUR CHIPS (VE)\*  
to Sweet Potato Fries (Ve)\* **£1.00**

# GoXL

and double up your  
burger for **£1.50 extra**

Your burger will come with  
an extra plant-based burger

## PUB FAVOURITES

### CAMBODIAN STYLE VEGETABLE CURRY (VE)\* 2

£8.95

Under 550 Cals

Medium spiced, Cambodian style vegetable curry with baby sweetcorn, onions, aubergines, bamboo shoots, cauliflower, soya beans and garlic topped with fresh pomegranate seeds and fresh coriander.

Served with basmati and wild rice.

## PIE

If you would like to swap your  
side or vary your veg, just ask.

### PEPPERED VEGETABLE PIE (VE)\* 3 £9.45

Roasted root vegetables bound in a creamy peppered mushroom sauce encased in a sage and onion pastry, topped with crisp puff pastry. Served with chips, garden peas, carrots, broccoli and gravy.

## SIDES

CHIPS (VE)*	£1.95	BEER-BATTERED ONION RINGS (VE)*	£3.25	HOUSE SALAD (VE)	£1.75
SWEET POTATO FRIES (VE)*	£2.95			THAI SWEET CHILLI 'SLAW (VE) 	£1.95
GARLIC CIABATTA (VE)	£2.00	ROASTED VEGETABLES (VE) 2 	£2.45		

## DESSERTS

### APPLE PIE (VE) £3.75

Sweet deep-dish Bramley apple pie,  
delicious hot or cold. With Beechdean™  
vegan vanilla flavour ice cream.

### BERRY CITRUS SUNDAE (VE) £4.25

Beechdean™ vegan vanilla flavour  
ice cream, layered with mixed  
berries and lemon drizzle.

Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. We only state allergens if they are an ingredient of a product. We do not include "May contain" information. Please speak to a member of staff should you have any concerns. Full allergen information is available at the bar or visit [rotisserie.marstons.co.uk](http://rotisserie.marstons.co.uk). Photography is for illustrative purposes only. (VE) Suitable for vegetarians and vegans or vegetarian/vegan option available. (VE)\* We cannot guarantee that our vegan dishes have been cooked in dedicated vegan fryers. Please ask a member of staff for more information. 1Go XL Burgers includes an additional plant based burger. (<100,<150,<250,<300,<400,<500,<550 cals) Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces that may be added by the customer.

Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub.

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## OUR SUNDAY BEST

1 COURSE £X.XX    2 COURSES £X.XX    3 COURSES £X.XX

### STARTERS

#### TODAY'S SOUP (VE)

With rustic bread.

### MAIN

#### PEPPERED VEGETABLE PIE (VE) 3 OF YOUR 5 A DAY

Roasted root vegetables bound in a creamy peppered mushroom sauce encased in a sage and onion pastry topped with crisp puff pastry. Served with roast potatoes, broccoli, garden peas, braised red cabbage, carrots and gravy.

### PUDDINGS

#### APPLE PIE (VE)

Under 500 Cals

Served with Beechdean™ vegan vanilla flavour ice cream.

#### ICE CREAM (VE)

Under 300 Cals

Three scoops of Beechdean™ vegan vanilla flavour ice cream.

## CRAFT PLATTERS

Let loose your creative side and craft your ideal collection of grazers.

£8.95 5 FOR £13.45

#### MIXED KEFALONIA OLIVES (VE)

Pitted and coated in a herb oil

#### SHIP SHOP BITES (VE)\*

Pea and potatoes in a crispy cider vinegar batter with mint sauce dip.

## APPETISERS

#### TODAY'S SOUP

With rustic bread

#### GARLIC BREAD

Garlic ciabatta with tomatoes, red onions. Dressed with

## DRINKS

#### RED

£3.25

## SALADS

£2.00